



From the Clinic Desk

by Mac Morris

In the spirit of trying to react to the criticism leveled in the survey, I will try not to be an old man moaning and groaning and being negative. As I have written numerous times, the title “coach” is very important to me. Any advice I could give to continue this legacy was the purpose of the columns. I can’t help being an old man, but I will try not to give anyone any advice.

I realize that a very small percentage of survey recipients bothered to reply, but I will try to address some of the ideas included. One of the suggestions was to include articles on coaching in the newsletter. We have tried that, but finding coaches who would do an article has been very difficult. They get busy during their seasons and never reply. Another suggestion said that we were too pro-NCHSAA and were shying away from legitimate issues. Our representative on the NCHSAA has reported on the Board Meetings and I wasn’t aware of any issues that we were ducking. If

you can enlighten us, we certainly can address these in future newsletters. The suggestion that we include a section of frequently-asked questions is a good one and we probably should try to implement this.

Concerns about the Clinic were that the sound system in the Pavilion is not powerful enough. We are not able to use the Pavilion this summer because of the renovations needed to convert it to an arena for the Hornets NBDL team. I’m sure when it goes on-line again in 2017 the PA system will be up to par. There was another suggestion to bring back the Division I football coaches, and if someone could figure out how to do that we would appreciate an answer. The way I understand the situation is that with all of the new All-Star games popping up, the coaches asked the NCAA to tell them they couldn’t attend. We have had the AFCA try to get this changed and have made no progress so far.

A suggestion said that if you didn’t attend the sessions with the coaches speaking, you couldn’t attend the rules session. It is a little discouraging to see 200 coaches in a session and then 750 in the rules session, but I’m afraid we couldn’t police that. Another survey responder suggested we ask coaches for speaker suggestions; and we have done that without much luck. I have had some good responses from wrestling coaches to help with some speakers, but not much from other sports.

Another responder requested we go back to giving credit for attending the Clinic. We used to do that for those who attended 20 hours, but we had fewer than 10 sign up and so it was dropped for lack of interest. For those who complained about the picture lines being too long, there are other times during the week when there is virtually no line. But since so many are coming just to get their picture made and leaving

without attending a session, the lines will be long. It was suggested that we have sessions on topics other than X’s and O’s. We have tried this in the past and no one showed up for these sessions. I remember a session about teaching the learning-disabled athlete where 500 coaches were in the previous session and fewer than 20 stayed for this topic. So we have steered away from this. For the responder who wanted sessions run by NFHS clinicians that sponsor the required courses: we don’t have a relationship with the NFHS, so that wouldn’t work. We had suggestions about developing online registration and we are working on that right now.

As far as the Clinic is concerned, I feel as if we have an excellent football staff this year. Denny Marcin was going to speak, but he has some health issues and he found an able replacement in Chuck Priefer, who also

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From the Games Desk

by Phil Weaver

In the last issue we presented a survey to help us better understand how to serve you. I’ll address the Association and games questions and remarks and let Mac and Joe write about the clinic ones. Sixty percent of respondents have at least ten years of membership, so I think the opinions offered in the survey answers should carry a lot of weight. However, we have received only 80 responses as of the day I write. The meager number of responses could mean members don’t care, but I hope this means the vast majority of you are pleased with the way your association is being administered.

To those who responded; every survey submitted was read in its entirety. It was rewarding to see the number of free responses was large so we can see what the respondents feel is most important. There isn’t enough room in this newsletter to address each

comment, so I’ll comment on those which seem to appeal to the most readers. The poll responses are shown elsewhere in this newsletter.

The first questions dealt with the insurance program. Despite my best efforts, only about half of our members seem to have a good understanding of it. We’ll plan another information campaign and please remember to simply call me or check www.nccoach.org if you have any questions – especially about camp coverages.

As for the newsletter, less than 15 % either don’t like it or read little of it. That’s good but I’m still hopeful we can do better. Over a quarter don’t read the information pages in the NCCA Directory. You really need to at least look them over to see what’s there in case you later have a need for

it. Much of the information there would have benefited people who responded negatively to the questions about knowledge of all-star games’ procedures, etc.

Since the newsletter costs less than five dollars per person per year to mail, and almost half of the respondents want a mailed copy; we’ll continue to mail it. We’ll get our webmaster, Tim Via, to investigate adding an online copy. I was particularly interested in the comment that I’m “honestly tired of the old man moan and grown (sic) that goes in it”. Though I don’t feel old, I guess to many of you I am. Those of you who know me will think of me as a pretty positive person I hope; so to anyone who reads me as emphasizing the negative, I apologize.

One wrote that “you are currently very pro-NCHSAA, which I understand to an extent but you are ignoring it shying away from legit issues that need to be addressed”. We do have a very positive relationship with both the NCHSAA and the NCADA. This is good and frankly, necessary. Remember, the NCHSAA accepts our membership card for all their events. I know you’ll agree that this is an extremely important perk of membership. We have criticized the NCHSAA before in our columns but do most of our disagreeing through our representative on the NCHSAA Board of Directors and in personal calls and meetings with Que and her staff. I can assure you that any valid coaching concern (which doesn’t negatively affect another sport) presented to us are relayed to the NCHSAA.

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Clinic

from page 1

coached at UNC and was special teams coach for several NFL teams. Following him will be Sam Wyche who had a storied career as a coach in the NFL. Next is Randy Hart who was a defensive line coach at Stanford that has always fielded tough defenses. Then on Thursday we have Dennis Franchione, who is one of the best offensive minds in the business.

Among other outstanding clinicians is Mark Price of Charlotte talking about shooting. Greg Grantham highly recommends that you hear T. J. Rosene, who he heard speak at the Final Four; and Ritchie McKay, who was an assistant at UVA before he returned to Liberty. Paul Popolizio is

building the pre-eminent program in ACC Wrestling, and he and his staff are presenting again after rave reviews from his last visit. We have tried for years to get Jack Leggett for baseball, and he has made room in his busy schedule to come this year, along with Matt Heath from College of Charleston.

As I said earlier we have a little problem in that we won't be able to use the Pavilion this year. So Soccer and Softball will have to hold their sessions in the Lobby of the Coliseum. This presents a little bit of a traffic problem in that basketball, baseball and football coaches will have to move through the area to get to the Coliseum. We hope that you will be respectful of the sessions going on and move quietly through the area.



NCCA & Chick-fil-A Presents Kid's Football Clinic

Tuesday, July 19 6-8 pm
@ Grimsley High School

Kid's Basketball Clinic

Monday, July 18 3-5 pm
@ Grimsley High School
Gymnasium.

N.C. COACH



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Games

From page 1

A couple of coaches suggested we get newsletter articles written by other members or coaches of good reputation. We're always open to additions to the newsletter and have for years offered the various sports associations the space to address their members. For a few years we paid for articles submitted by members related to their specific sport. We have rarely received a request to put something in and welcome any submissions or letters to the editor. Send the content to me as I coordinate the printing of the newsletter with the editor, Mary Buchanan.

A good suggestion was to add a section of FAQs. I think we may be able to do this by fall and will welcome topics or questions from you.

One hundred percent of you said you'd want your email addresses in the Directory so we will include them this fall. We're also working on a way to do mass email reminders of important dates.

Most of you are ok with the all-star player nomination and acceptance online procedures. That's good because the online aspect is here to stay; and as time passes, more and more coaches should become comfortable with it.

The comments about the all-star games were quite varied and certainly of interest to me. Several suggested we advertise. We budgeted almost \$20,000 for advertising one year and saw zero increase in attendance. As my assistant Tim Via opines; "we have an inelastic fan base. We'll get coaches at the clinic, parents, family, and die-hard fans of specific players, and local loyalists who always come". At one time, the addition of a basketball player headed to a big four school would jump the attendance, but that just doesn't seem to matter anymore.

Our games are really for the coaches and having the games during the clinic makes it really easy for them to attend. More times than I can count, there have been proposals to move the games to the end of their seasons. Let's be honest and state that football is our showcase game. We get twice or more the crowd than we do for both basketball games together. To play in the winter would present multiple problems. The first would be to try to justify the loss of school time for a second-tier game. The Shrine Bowl would be a far more important event, I'm certain. We would still get second-tier players and staffing, facilities, etc. would be a nightmare. We depend on school facilities and school employees to run the games. Our Board of Directors has always felt the game was a great way to kick off the season. Basketball would be a second-tier game also, unless you want to stop playing South Carolina.

In Memoriam

Jack Musten
East Forsyth High School

Elton Hawley
NCATA and Olympic High School

Don Price
Mt. Airy High School

One suggestion was to have the games move to a junior class game. This is an interesting idea and a couple of states have gone to it to assure they get the best players. I'm certainly willing to hear a further discussion of this.

One coach wanted feedback to acknowledge receipt of a nomination of a player. Please know that this is done now. When you click "submit", an email is returned to

the coach's email address listed stating that the nomination was accepted. If you don't get one, something went wrong (usually the sender's server causes the error) and you should re-submit and let me know so I can have our software engineer trace the problem.

If you wrote a comment that neither Mac nor I have addressed, please email us specifically and we'll give you an answer.

JOE'S CORNER

by Joe Franks

Clinic Week is almost here, so here are some tips to make things run more smoothly in July.

- 1) We all know that Monday is the most crowded day, so understand that there will be lines – both new registration and pre-registration – not to mention pictures. The picture lines are much shorter later on Monday afternoon and mid-morning Tuesday and Wednesday.
- 2) Make sure you have your ID with you – not in the car or at the hotel.
- 3) Remember that we take cash or check – no credit cards. There is an ATM in the Coliseum lobby to get cash from your card.
- 4) With regard to facilities at the Coliseum, the Pavilion is under construction, so Soccer (Tuesday) and Softball (Wednesday) will be in the Plaza this year – this is the large area at the top of the ramp as you go into the arena.

At the NCHSAA Board Meeting in May, there were a couple of items set for implementation that I feel are of importance to our coaches:
A) Expanded skill development sessions. The NCHSAA listened to coaches and allowed this expansion, to 1.5 hours a day with unlimited numbers (with the “numbers” restriction remaining in place

for non-school related competition, like AAU); subject to an increase in the dead periods during the year. How this will work remains to be seen and it’s up to coaches of different sports to work with each other and keep the interests of our student athletes a priority. While this dealt with sports other than football, I’m sure that will come up in the future.
B) Sportsmanship. The NCHSAA, through its officials, will tighten up on unsportsmanlike actions by players and coaches. With a number of highly publicized incidents during the past few years, my take is that the NCHSAA is utilizing the concept of “enough is enough” and is prepared to crack down on unacceptable behavior.

As I have said before, the NCHSAA is receptive to input from our association and from individual sport associations. While the NCCA representative is an Affiliate Member (which means we don’t have a vote), we are active in committees and in general discussion during the meetings. Thanks for all you do for our young people. Let’s continue to make the title “Coach” one that is respected and admired. As your representative on the NCHSAA Board, I welcome your input. My email is jfranks@nccoach.org

The NCCA has a new apparel sponsor: Champion.

Therefore we have some Russell uniforms and practice gear to sell. T-shirts and polos will be sold at our booth in the trade show.

Silent Auction for FOOTBALL PANTS

Minimum bid per set: \$1,000

We have 126 football pants (silver with the All-Star Games logo on them) divided into two equal lots which will be sold by silent auction. Email me with your bid of at least \$1,000 (that’s just less than \$16 per pair) by Saturday, July 16th. I’ll contact the winner so they can pick up the pants when they come to the clinic. These pants are used one game a year and all are in good enough condition to be used in our game. Some may be used as few as once or twice. Sizes are below:

	Lot 1	Lot 2
Small	8	7
Medium	12	11
Large	9	8
Extra Large	13	14
Double X	11	12
Triple X	8	8
Four X	2	3
Total	63	63

BASKETBALL East-West Game UNIFORMS

Minimum bid per set: \$300

East - White with royal trim			West - Red		
Men	Jerseys	Pants	Men	Jerseys	Pants
M	1	1	M	0	0
L	4	1	L	4	3
XL	3	6	XL	3	5
XXL	5	6	XXL	5	6
XXXL	2	2	XXXL	2	3

Women	Jerseys	Pants	Women	Jerseys	Pants
M	4	1	M	4	1
L	4	4	L	4	5
XL	4	6	XL	4	6
XXL	2	2	XXL	2	2
XXXL	1	1	XXXL	1	1

BASKETBALL Practice REVERSIBLES AND SHORTS

Minimum bid per set: \$200

ROYAL			RED		
Men	Jerseys	Pants	Men	Jerseys	Pants
M	0	1	M	1	3
L	7	5	L	4	5
XL	9	4	XL	7	5
XXL	9	5	XXL	7	6
XXXL	1	3	XXXL	1	1

Women	Jerseys	Pants	Women	Jerseys	Pants
M	3	4	M	3	6
L	9	5	L	7	8
XL	5	16	XL	5	15
XXL	1	5	XXL	1	1
XXXL	0	0	XXXL	0	1



They Still Call Me “Coach”



“Be honest, fair and upfront with your players. Explain their role as the member of a team. Show them that discipline and hard work pays off.”

NCC: WHAT SPORTS DID YOU COACH?

LH: Basketball – 25 yrs, Football – 22 yrs, Softball – 15 yrs, Tennis – 4 yrs, Baseball – 4 yrs, Track & Field – 3 yrs.

NCC: WHERE(WHICH SCHOOLS) DID YOU COACH?

LH: North Mecklenburg (38 years), East Mecklenburg (2 years)

NCC: HOW MANY YEARS DID YOU COACH? 35 years

NCC: ARE YOU STILL INVOLVED IN COACHING AND/OR ATHLETICS?

LH: Yes. I still attend athletic events at North Meck and Pine Lake Prep Charter where my grandkids attend. I drive the activity bus for various athletic teams. I just finished 4 years of teaching tennis at Queens University through the PE department.

NCC: WHAT IS YOUR MOST MEMORABLE COACHING EXPERIENCE?

LH: There are so many, but to mention a few: Coaching for the state title in the Dean Dome; coaching in London, England with coaches from our area; coaching the NBPA camp at Princeton Univ.; being the East-West All-Star coach and coaching my two sons.

William Leroy Holden

Leroy Holden retired from the Charlotte-Mecklenburg School System in June, 2009 after forty years of service. He taught and coached two years at East Mecklenburg High School and thirty-eight years at North Mecklenburg High School. At North he coached baseball, men's tennis, men's track, football, J.V. and varsity basketball and women's softball. He became the school's athletic director in 1985 and served in that capacity until retirement.

Leroy is a product of Harry P. Harding High School where he played basketball, track and football. He played football for the legendary Dave Harris, his mentor and later his boss. While playing for Coach Harris, he made the All-Mecklenburg and All-State football teams and played in the 1962 Shrine Bowl and 1963 East-West All-Star football game.

After high school, Leroy attended Western Carolina University graduating with a BS degree in Education in 1967. He lettered all four years in football at Western playing for Dan Robinson. In 1978 he received his Masters of Education in Administration degree from the University of North Carolina at Charlotte. He continued his education by earning his Physical-Education Certification towards a Masters Degree from Winthrop University in 1984. In 2000, Leroy became a Certified Athletic Administrator (CAA).

Leroy's forty years as a teacher, coach and athletic director exemplifies his passion for athletics and education. As the head varsity basketball coach at North, he amassed a record of 464 wins and 267 losses in twenty-five years. In 1986 he was chosen to coach the East-West All-Star basketball game. His North team was 30-1 and state runner-up in 1987.

He served in various leadership capacities. He was president of the Tri-County, ME-CA 7 and ME-GA 4A conferences and past chairman and director of the sectional basketball committee. After serving as Treasurer, Secretary and Vice President of the Charlotte Sportsman's Club, he was named president for 2003-2004. He was named Mecklenburg County Coach of the Year four times, Conference Coach of the Year seven years and chosen Sportsman of the year by the Charlotte Sportsman's club in 1999.

Under Leroy's leadership as athletic director, North won the coveted Wachovia Cup nineteen out of 20 years for the best all-around athletic program in their conference, and was named Athletic Director of the Year by the Charlotte Observer in 2001. His NCHSAA honors include: Regional award for contributions in high school athletics (1994), Proclamation of Achievement for Dedication to young people (1994), Outstanding Contribution to NCHSAA (2004), Region 6 Athletic Director of the year (2004), Unsung Hero in Region 6 (2007) and Lifetime Achievement Award (2008). He was inducted into the North Carolina Athletic Directors Association's Hall of Fame in March of 2012 and the Western Carolina Sports Hall of Fame in November of 2014. In 2013, he was named one of the top 100 coaches in North Carolina by the North Carolina High School Athletic Association.

Leroy and Ginny have been married forty-nine years and celebrated their 50th wedding anniversary in November 2015. They have three children, Todd (wife Lisa and daughter Lacey), Ashley (husband Jeff and children, Dane and Sophie), and Ben (wife Marisa and daughter Sydney). They are members of Grace Covenant Church.

NCC: WHAT PART OF COACHING WAS THE MOST REWARDING FOR YOU?

LH: Seeing players I coached playing at higher levels and then giving back by becoming coaches themselves. Also, still maintaining relationships with former players is very rewarding. In 2013, having the basketball court and tournament named for me was very humbling.

NCC: WHY DID YOU GO INTO COACHING?

LH: I went into coaching because of my high school football coach, David A. Harris, Jr.. He was a great role model and helped develop my competitive spirit. My Junior High coach, Jim Stevens, was instrumental in me obtaining a football scholarship to Western Carolina University.

NCC: WHAT IS YOUR FUNNIEST COACHING MEMORY?

LH: The varsity coach and I were at a conference meeting and needed to leave early as we had a travel game. Trying to slip out, we went to the nearest door. We exited into a broom closet! Coming back out was the worst part! At my son's college game, I got so involved in the game that I stood up and tried to call a time out to the embarrassment of my wife.

NCC: WHAT WAS YOUR MOST EMBARRASSING COACHING MOMENT?

LH: When I first began coaching, teams sat at the end of the gym. At one point in the game, the basketball rolls to where the team is sitting. I scoop up the ball and proceed to throw it back to the official. Not prepared to receive it, the ball hits him square between the eyes. After he gathered his composure, he gave me a technical foul. Very embarrassing to say the least.

NCC: WHAT WAS YOUR FAVORITE PLAY OR STRATEGY?

LH: I felt defense was the key to winning. I liked to implement the flex offense as it got all the players involved. All our drills were based on the flex, giving each player the opportunity to create a better shot.

The following hotels have given us special rates for the Coaches Clinic July 18-21, 2016.		
HOTEL	RATE	DISTANCE TO COLISEUM
Best Western Windsor 2006 Veasley St. 336-294-9100	\$129.00	1.5 miles
Comfort Suites Four Seasons 3308 Isler St. 336-235-4002	\$119.99	1.5 miles
Courtyard by Marriott 4400 W. Wendover Dr. 336-852-6450	\$124 K \$134 D	4 miles
Courtyard Greensboro Airport 7811 National Service Rd. 336-668-1090”	\$139.00	9 miles
Embassy Suites 204 Centreport Dr. 336-668-4535	\$119.00	9 miles
Fairfield Inn Wendover 4308 Big Tree Way	\$129.00	5 miles
Greensboro High Point Marriott Airport One Marriott Dr. 336-852-6450	\$139.00	11 miles
Greensboro Marriott Downtown 304 N. Greene St. 336-387-8011	\$129.00	3 miles
Hawthorn Suites 7623 Thorndike Rd. 336-454-0078	\$89 Studio suite \$119 1 bedroom ste.	9 miles
Holiday Inn Express East 3111 Cedar Park Rd. 336-697-0101	\$99.00	5 miles
Hyatt Place 1619 Stanley Rd. 336-852-1443	\$109.00	4 miles
Quality Inn & Suites 7067 Albert Pick Rd. 336-668-3638	\$69.99	9 miles
Residence Inn Airport 7616 Thorndike Rd. 336-632-4666	\$149.00	9 miles
Sheraton Greensboro 3121 W. Gate City Blvd. 336-292-9161	\$129.00	1.5 miles
Sleep Inn 7 Sharps Airpark Ct. 336-931-1272	\$74 K \$ 79 D	8 miles
Spring Hill Suites 6006 Landmark Blvd. 336-809-0909	\$114 K \$119 D	4 miles
Wingate by Wyndham 6007 Landmark Center Blvd. 336-854-8610	\$92.00	4 miles

Apply for an NCCA Scholarship

If you have been a member of the NCCA for 15 years and you have a son or daughter who will graduate from high school or who will be in graduate school for the 2017-2018 school year, your child is eligible to apply for a one-time NCCA Scholarship.

Applications are not mailed until after January 1st because we need a first semester transcript to complete the application. If you will send an application request now, Phil will file it and send you the application in January.

Either email Phil at pweaver@nccoach.org or mail to his attention at NCCA, 1101 Westover Terrace, Greensboro, NC 27408.

“Coach”

NCC: WHO HAD THE TOUGHEST TEAMS YOU COACHED AGAINST?
LH: Tough league – so many! West Charlotte (Charles McCullough), Independence (Dave Christenburg), South Mecklenburg (Dave Price), Olympic (Vernon Hedrick), Myers Park (Wayne Ayers), Garinger (Bruce Kruetzer), Ashbrook (Joe Shepherd), Hunter Huss (Butch Blalock).

NCC: WHAT CHANGE(S) WOULD YOU MAKE TO THE CURRENT RULES IN YOUR SPORT?
LH: I really cannot think of anything.

NCC: WHAT ONE PIECE OF ADVICE WOULD YOU GIVE A BEGINNING COACH?
LH: Attend as many clinics as possible. Find a knowledgeable mentor who will share their wisdom of the sport. Bo Brickels was the best! And make sure you marry someone that loves sports.

NCC: WHAT ARE THE MOST IMPORTANT THINGS FOR YOUNG COACHES TO DO IN DEALING WITH:
LH: A. ATHLETES: Be honest, fair and upfront with your players. Explain their role as the member of a team. Show them that discipline and hard work pays off.
B. PARENTS: Establish rules and consequences for not following rules before the season begins. Be professional and keep lines of communication open. Use the 24 hour

rule to voice concerns. Don’t try to solve problems immediately after a contest.

C. ADMINISTRATORS: Show respect for their authority. Show appreciation for their support.

D. ATHLETIC DIRECTORS: Again, show respect for their authority. Obey the rules and keep AD’s informed. Keep lines of communication open. Follow the standards that have been set forth.

E. OTHER COACHES: Be supportive of other coaches and their teams through encouragement and attendance. Look to more experienced coaches for guidance.

F. THE PRESS/MEDIA: Have rosters and statistics available. Report all scores, win or lose, in a timely manner. Think before you answer a question. Do not criticize other coaches or officials.

NCC: WHAT DID/DOES THE NCCA MEAN TO YOU?
LH: The NCCA has been a tremendous resource by providing excellent clinics and speakers. It has been a wonderful way to meet and form friendships with other coaches.

NCC: OTHER COMMENTS WOULD YOU LIKE TO SHARE WITH OUR MEMBERS:
LH: It is just an honor to be called “Coach”. Don’t ever think that what you do is not making a difference in the lives of young men and women. Every day you are making memories.

EAST FOOTBALL

NAME	HIGH SCHOOL	COACH
Jaquan Artis	Kinston	Ryan Gieselman
Anthony Berry	Kinston	Ryan Gieselman
Kamone Best	Eastern Wayne	Matthew Grady
Deandre Blevins	West Johnston	Jimmy Williams
Ethan Bridges	Croatan	David Perry
John Brooks	James Kenan	Ken Avent
Rakym Chapman	JH Rose	David Wojtecki
Isaiah "Tre" Cogdell	DH Conley	Nate Conner
Kyle Corbett	Pinecrest	Chris Metzger
Gabe Ellis	W. Montgomery	Nicholas Eddins
Mike Evans	White Oak	Eric Leary
Zack Foster	Southern Nash	Brian Foster
Quintel Goodwin	Richmond	Mike Castellano
Jordan Howard	North Brunswick	Larry Brock
Devon Hunt	Richmond	Mike Castellano
Zach Jacobs	Cleveland	Scott Riley
Clarence Jones	Northeastern	Antonio Moore
Blake Joyner	Clayton	Randy Pinkowski
Amorris Liles	Beddingfield	Tyrone Johnson
Hunter Louthan	Hoggard	Craig Underwood
Timon McMillan	Scotland	Richard Bailey
Brad Monroe	Greene Central	Allen Wooten
Cameron Moore	W. Montgomery	Nicholas Eddins
Charles Nobles	New Bern	Bobby Curlings
Trey Owens	Havelock	Jim Bob Bryant
Roderick Perry	Cary	Mike Kirst
Jaleel Scroggins	S. Durham	Darius Robinson
Mazani Stubbs	Scotland	Richard Bailey
Tyler Thomas	Wake Forest	Reginald Lucas
Paul Underwood	Seventy First	Duran McLaurin
R-Kel Vera	Jack Britt	Brian Rimpf
Brooks Verona	Clayton	Randy Pinkowski
Tre Wade	Greene Central	Allen Wooten
Isaac Williams	Panther Creek	Sean Crocker
Donovan Wirt	Hoke County	Tom Paris
Donte Wooten	SE Ral. Magnet	Michael Thibodeau

Head Coach: Tom Nelson (Fike)

Assistant Coaches:

Don Andrews (Corinth Holders)

Paul Cornwell (Ayden-Grifton)

David Perry (Croatan)

Bill Sochovka (Pine Forest)

Beau Williams (Jacksonville)

2016 East-West

EAST WOMEN'S BASKETBALL

NAME	HIGH SCHOOL	COACH
Shantel Bennett	Lee County	Gabriel Reynolds
Ali Cyr-Scully	East Chapel Hill	Michelle Wood
Jillian Ebron	Rose	Mark Johnson
Kelly Funderburk	Leesville Road	Ben Daniels
Elle Hepburn	Apex	Isaac Bristol
Stephanie Johnson	Union Pines	Greg Mayer
Lexi Mercer	Rosewood	Rick Grantham
A'Terria Quick	South Robeson	Lula Ratley
Olivia Smith	Cardinal Gibbons	Jessica Lowe
Mikaya Wilson	Knightdale	Trent Bunn

Head Coach: Rick Grantham (Rosewood)

Asst. Coach: Lula Ratley (South Robeson)

EAST MEN'S BASKETBALL

NAME	HIGH SCHOOL	COACH
Damani Applewhite	Westover	George Stackhouse
Faison Brock	Millbrook	Scott McInnes
Trey Carver	Northeastern	Ronald Nixon II
Matt Elmore	Dixon	David Henry
Cory Gensler	Cary	Allan Gustafson
Trejon Jacob	Millbrook	Scott McInnes
Shaft Parker	Farmville Central	Larry Williford
Tharon Suggs	Broughton	Jeff Ferrell
Trevor Willis	East Carteret	Billy Anderson
Ben Zemonek	Leesville Road	Russ Frazier

Head Coach: Ike Walker (Jack Britt)

Asst. Coach: Doug Erny (Jacksonville)

East-West All-Star Basketball Games

Monday, July 18th, 2016

Greensboro Coliseum Arena

Women's @ 6:30 pm, Men's @ 8:30

East-West All-Star Basketball Games

Wednesday, July 20th, 2016

Jamieson Stadium

8:00 pm

EAST WOMEN'S SOCCER

NAME	HIGH SCHOOL	COACH
Haley Andrews	Jacksonville	David Miller
Rebeka Beal	Northern Nash	Joe McCarthy
Morgan Brandewie	Chapel Hill	Jason Curtis
Amanda Eckard	Corinth Holders	Alison Vetterl
Baley Edwards	E.A. Laney	Dustin Bienias
Cristina Galvan	Northeastern	Elizabeth Allsbrook
Megan Greene	Fuquay Varina	Nick Acosta
Nicole Guerrero	Clayton	Stacey Houser
Marissa Kowalski	Cardinal Gibbons	Michele Miller
Tylor Ring	Swansboro	Doug Kidd
Gina Ryan	Croatan	Paul Slater
Lily Schneider	Broughton	David Parker
Kate Spaid	Jacksonville	David Miller
Kelley Suggs	Fuquay Varina	Nick Acosta
Kaitlyn Sullivan	Spring Creek	Carlos Borda
Abby Taylor	Swansboro	Doug Kidd

Head Coach: Chris Hadlock (East Montgomery)

EAST MEN'S SOCCER

NAME	HIGH SCHOOL	COACH
Matthew Bissette	Leesville Road	Paul Dinkenor
Jeyri Cano	Wallace-Rose Hill	Michael Graybar
Spell Carr	Clinton	Bradley Spell
Michael Chin	Jacksonville	David Miller
Roman Eddleman	Richlands	Mike Roed
Nicholas Hughes	Franklin Academy	John Crosland
John Kiernan	New Hanover	Theodore Rennie
Gabriel Krueger	White Oak	Buddy Carroll
Nathaniel Lorenz	EA Laney	Jamie Noble
Wesley Nelson	EA Laney	Jamie Noble
Wilhelm O'Neal	Broughton	Nick Wheeler
Carter Phillips	Dixon	Kevin Hicks
Pedro Segundo	Corinth Holders	Brent Walston
Tristin Smith	Hunt	Eric Nguyen
Holden Stefan	Durham Sch Arts	Amy Green
Will Tomlinson	Apex	Kevin Todd

Head Coach: Bradley Spell (Clinton)

est All-Stars

WEST WOMEN'S BASKETBALL

NAME	HIGH SCHOOL	COACH
Brooklyn Allen	Pisgah	Brandon Holloway
Hayley Barber	Northwest Guilford	Darlene Joyner
Jordan Chavis	Central Davidson	Sterling Charles
Dalton Gossett	Erwin	Terry Gossett
Khaila Hall	West Rowan	Ashley Poole
Morgan Pointer	Northwest Guilford	Darlene Joyner
Bayley Plummer	East Davidson	Don Corry
Chanin Scott	Myers Park	Barbara Nelson
Te'ja Twitty	RS Central	Darius Fuller
Chantel Williams	Mallard Creek	Clarence Johnson

Head Coach: Barbara Nelson (Myers Park)

Asst. Coach: Terry Gossett (Erwin)

WEST MEN'S BASKETBALL

NAME	HIGH SCHOOL	COACH
Jaylen Gore	Northwest Guilford	Lee Reavis
Jeylen McManus	North Mecklenburg	Duane Lewis
Cayse Minor	Mt. Tabor	Andy Muse
Stephen Misenheimer	North Stanley	Chris Misenheimer
Kaymon Mitchell	SW Guilford	Guy Shavers
Raymon Pratt	Ben L Smith	Derrick Partee
Damon Scott	Asheville	Sonita Warren-Dixon
Jacob Skidmore	Kings Mountain	Grayson Pierce
Marcus Thomas	Independence	Preston Davis
Jayce Wolfe	Smoky Mountain	Jimmy Cleaveland

Head Coach: Jimmy Cleaveland (Smoky Mountain)

Asst. Coach: Ed Wills (Alexander Central)

ar Football Game

July 20th, 2016

um, Grimsley HS

0 pm

East-West All-Star Soccer Games

Tuesday, July 19th, 2016

MacPherson Stadium, Bryan Park

Women's @ 6:30 pm, Men's @ 8:30 pm

WEST WOMEN'S SOCCER

NAME	HIGH SCHOOL	COACH
Kristin Brown	Lake Norman	Matt Bice
Grayson Cameron	Hickory	Brian Jillings
Kelsey Chamberlin	Page	James Pielow
Alex Denny	Hough	David Smith
Frances Henshall	Grimsley	Mark Johnston
Caitlin Hill	West Forsyth	Scott Bilton
Ashley Johnson	Hough	David Smith
Paige Keaton	Forbush	Kenan James
Debbie Killian	East Forsyth	Chad Lorentz
Alina Limpert	Charlotte Catholic	Gary Hoilett
Liz Nail	West Stokes	Chris Manley
Riley Orr	Lake Norman	Matt Bice
Ashlyn Perkins	AC Reynolds	Patrick Gladys
Allie Reagan	East Forsyth	Chad Lorentz
Christina Shimshock	AC Reynolds	Patrick Gladys
Ashlyn Stone	Reagan	Bo Ogburn

Head Coach: Kenan James (Forbush)

WEST FOOTBALL

NAME	HIGH SCHOOL	COACH
Isaac Allen	Mt. Heritage	Joey Robinson
Tyquan Anderson	Thomasville	Gil Maxwell
Jake Appling	Shelby	Lance Ware
Dantrell Barkley	AL Brown	Mike Newsome
Steven Beck	Freedom	Brandon Allen
Dre'Shaun Bell	Kings Mtn.	Greg Lloyd
Larry Blanton	Rocky River	Jason Fowler
Greg Brooks	Walkertown	Josh Pardue
Joseph Bruner	JM Robinson	Joseph Glass
Najae Buchanan	AC Reynolds	Shane Laws
Wyatt Burnette	Franklin	Josh Brooks
LaTarus Dameron	Lincolnton	Ledford Gibson
James Dodson	E. Alamance	John Kirby
Ben Ellis	Davie	DeVore Holman Sr.
Mason Flynt	Ledford	Chris Adams
LaMar "Montel" Goods	Northwood	Brian Harrington
Will Hardin	Page	Kevin Gillepsie
Aundreas Hill	AC Reynolds	Shane Laws
Ron Hunt	Southern Guilford	Darryl Brown
Jarvis Hutchins	East Rutherford	Clint Bland
Michael Jones	Morehead	Earl Bates
Sawyer Kimmer	East Rowan	Kenneth McClamrock
Javonte Love	Central Cabarrus	Donnie Kiefer
Nique Martin	East Forsyth	Todd Willert
Rahim Mateen	Jordan-Matthews	Marty Scotten
Myles Moore	Weddington	Tim Carson
Kacey Otto	West Rowan	Joe Nixon
Chase Parker	N. Buncombe	Curtis Cagle
Cameron Peters	A.L. Brown	Mike Newsome
Damonte Poole	Shelby	Lance Ware
Tyrick Ramseur	Crest	Will Clark
Wayne Robertson	Asheboro	Owen George
Demitrius Spury	Mooresville	Hal Capps
Colton Weeks	SW Guilford	Eric Rainey
Nathan Whicker	Page	Kevin Gillespie
Cordell Williams	S. Alamance	Andrew Carrouth

Head Coach: Clay Lewis (Hibriten)

Assistant Coaches:

Curtis Cagle (North Buncombe)

Tim Carson (Weddington)

Bill Hall (Northwood)

Dave Hunt (Davie County)

Marty Scotten (Jordan-Matthews)

WEST MEN'S SOCCER

NAME	HIGH SCHOOL	COACH
Harish Amatya	S. Mecklenburg	Eric White
Charles Basse	E. Mecklenburg	Joel Edde
Erick Cortez-Martinez	North Forsyth	Dan Proctor
Marco Garcia-Rodriguez	S. Mecklenburg	Eric White
Landon Goodman	Salisbury	Matt Parrish
Carson Hart	Hickory	Brian Jillings
Trey Knight	Bartlett-Yancey	Lynn Massey
Nicholas Lugo	SW Guilford	Rob Szitas
Jacob Mann	E. Alamance	Lori Gilliam
Cade McCurry	Hough	David Smith
Pete Polonsky	Reagan	Paul Hicks
Jason Rosales	Statesville	Eric Hanson
Bryce Spesock	HP Central	Daniel Villa
Cristian Uribe	Salisbury	Matt Parrish
Daniel Vickers	AC Reynolds	Patrick Gladys
Christopher Walker	Cedar Ridge	Chris Walker

Head Coach: Lynn Massey (Bartlett-Yancey)

2016 CLINIC SCHEDULE --- 2016 CLINIC SCHEDULE --- 2016 CLINIC SCHEDULE

MONDAY, JULY 18

Registration Open 8-12 and 2-3:30 pm
Coaches Dinner 5:30-6:30
- *Special Events Center* -

BASKETBALL - Coliseum

T.J. Rosene—Emmanuel College
Mark Price—Charlotte
Ritchie McKay—Liberty
Mark Dreibelbis—NCHSAA
8:00-9:45 Registration
9:50-10:40 5 Steps to Building a Team
Culture - *T.J. Rosene*
10:45-11:35 Running a Championship
Practice - *T.J. Rosene*
11:40-12:30 Player Development/
Shooting - *Mark Price*
12:30-2:00 -- LUNCH
2:00-2:50 Coaching in the 21st Century
Ritchie McKay
2:55-3:45 Liberty Defensive Concepts
Ritchie McKay
3:50-4:40 Rules Interpretation
Mark Dreibelbis
4:45-5:10 Basketball Coaches Meeting

WOMEN'S BASKETBALL - Meeting Room #1

Trina Patterson--UNCG
Al Brown—Duke
9:50-10:40 Post Play Development
Trina Patterson
10:45-11:35 Teaching the Triangle
Offense - *Trina Patterson*
11:40-12:30 Transition Offense
Trina Patterson
12:30-1:45 -- LUNCH
1:45-2:35 The Multiple Defensive
Approach - *Al Brown*
2:40-3:30 How to Beat the Press
Al Brown

WRESTLING - West Wing B-2

Pat Popolizio—NC State
Frank Beasley--NC State
Obe Blanc--NC State
Tim McCall--NC State
Mark Dreibelbis—NCHSAA
9:50-10:40 Tilts - *Frank Beasley*
10:45-11:35 Cradles - *Pat Popolizio*
11:40-12:30 Defense and NC State
Program - *Pat Popolizio*
12:30-2:00 -- LUNCH
2:00-2:50 Rules Interpretation
Mark Dreibelbis
2:55-3:45 Front Head Lock Offense
Obe Blanc
3:50-4:40 Set Ups to Takedowns
Tim McCall
4:45-5:45 Wrestling Coaches Meeting

All-Star Basketball Games 6:30, 8:30
- *Greensboro Coliseum* -

JUNIOR HIGH/MIDDLE SCHOOL Meeting Room #3

Scott Barringer—Carolina's Medical Center
Richard Hatley—Retired
Deanna Morris—Smithfield-Selma
Burt Jenkins—NCDPI
Calvin Freeman—M.S. Principal
Bobby Guthrie—Retired AD
9:50-10:40 Athletic Training for M.S.
Coaches - *Scott Barringer*
10:45-11:35 Essentials for Success in
M.S. - *Calvin Freeman*
11:40-12:30 14 Legal Duties of M.S.
Coaches - *Richard Hatley*
12:00-2:00 -- Lunch
2:00-2:50 Legal Duties (continued)
Hatley and Morris
2:55-3:45 Middle School Manual
Update - *Jenkins and Guthrie*

TUESDAY, JULY 19

Registration Open 8-12, 2-3:30 pm
Retirees Luncheon 12:00 - *Room #4*
NCCA Business Meeting 3:45

BASEBALL - Coliseum

Jack Leggett—Retired
Matt Heath—Charleston
Mark Dreibelbis—NCHSAA
8:55-9:45 Fundamentals/Drills for
Infielders - *Jack Leggett*
9:50-10:40 Taking Practice to the Next
Level - *Jack Leggett*
10:45-11:35 A Simplified Approach to
Hitting - *Jack Leggett*
11:40-12:30 Pitching: Foundation for
the Future - *Matt Heath*
12:30-2:00--LUNCH
2:00-2:50 Pitching Part 2 - *Matt Heath*
2:55-3:45 Rules Interpretation
Mark Dreibelbis
3:50-4:40 Baseball Coaches Meeting

SOCCER - The Plaza

Bobby Muuss—Wake Forest
Mark Dreibelbis--NCHSAA
8:55-9:45 Zonal Defending (Pressure/
Cover/Balance)-*Bobby Muuss*
9:50-10:40 Transition Session (Getting
Forward Quickly)
Bobby Muuss
10:45-11:35 Implementing Restarts in
Your Training-*Bobby Muuss*
11:40-12:30 Possession and
Penetration in The Final 1/3
Bobby Muuss
12:30-2:00--LUNCH
2:00-2:50 Rules Interpretation
Mark Dreibelbis
2:55-3:45 Soccer Coaches Meeting

TRACK - West Wing B-2

Dr. Michael Young—Athletic Lab
Performance
Que Tucker--NCHSAA
8:55-9:45 Mechanics of Speed - *Young*
9:50-10:40 Designing Sprint Training
Sessions - *Young*
10:45-11:35 Coaching Running
Mechanics - *Young*
11:40-12:30 Fundamental Concepts of
Periodization - *Young*
12:30-2:00--LUNCH
2:00-2:50 Plyometric Progressions-*Young*
2:55-3:45 Basics of Strength Training for
Track - *Young*
3:50-4:40 Rules Interpretation
Que Tucker
4:40-5:30 Track Coaches Meeting

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2016 CLINIC SCHEDULE --- 2016 CLINIC SCHEDULE ---

WEDNESDAY, JULY 20

Registration Open 8-12, 2-3:30 pm
FCA Luncheon 12:30

- *Special Events Center* -

Coaches' Picnic 5:30-6:30

- *Special Events Center* -

FOOTBALL - Coliseum

Chuck Priefer—NFL Retired

Sam Wyche—NFL-Retired

Randy Hart—Stanford-Retired

- 8:55-9:45 Drills to Improve Your Special Team's Performance - *Priefer*
9:50-10:40 Developing a Team through Motivation and Developing Leaders - *Priefer*
10:45-11:35 Motivating and Improving Team Unity - *Sam Wyche*
11:40-12:30 No Huddle Offense in High School - *Wyche*

12:30-2:00--LUNCH

- 2:00-2:50 Knockback Run Defense
Randy Hart
2:55-3:45 Pass Run Concepts and Stunts
Randy Hart
3:50-4:40 Defensive Skills and Drills
Randy Hart
4:45-5:30 Football Coaches Meeting

VOLLEYBALL - West Wing B-2

Karen Weatherington—Charlotte

Mark Dreibelbis -- NCHSAA

- 8:55-9:45 Fun Drills to Improve Ball Control-Karen Weatherington
9:50-10:40 Blocking/Hand Position and Footwork
Karen Weatherington
10:45-11:35 Insights on the Recruiting Process - *Karen Weatherington*
11:40-12:30 Rules Interpretation
Mark Dreibelbis

12:30-2:00--LUNCH

- 2:00-2:50 Interactive Team Drills
Karen Weatherington
2:55-3:45 Getting More from Millennials
Karen Weatherington
3:50-4:40 Volleyball Coaches Meeting

GOLF - Meeting Room #1

Chris Haarlow -- Precision Golf

Carolinas Golf Association

Brad Alford -- Rules Interpretation

- 8:55-9:45 Rules of Golf - *CGA*
9:50-10:40 Rules of Golf II
CGA & Brad Alford
10:45-11:35 Short Game/Skills and Drills - *Chris Haarlow*
11:40-12:30 Preparing for a H.S. Match
Chris Haarlow

12:30-2:00--Lunch

- 2:00-2:50 Golf Swing Techniques/
Instructor to Coach
2:55-3:45 Golf Coaches Meeting

All-Star Football Game 8:00 pm
- *Jamieson Stadium* -

CROSS COUNTRY

Meeting Room #3

Matt Esche—Alabama-Birmingham

- 8:55-9:45 Individualized Workouts
Matt Esche
9:50-10:45 Building a Program from the Ground Up - *Matt Esche*
10:50-11:40 Recruiting in Today's World
Matt Esche
11:45-12:35 Importance of Running Shoes - *Matt Esche*
12:35-2:00 Cross Country Coaches Meeting
2:00-5:00 National Federation Rules Certification

SWIMMING - Meeting Room #2

Elizabeth Lykins--Asheville

Brad Alford--Rules Interpretation

- 8:55-9:45 Season Planning
Elizabeth Lykins
9:50-10:40 Team Culture-*Elizabeth Lykins*
10:45-11:35 Nutrition/Strength/
Conditioning-*Elizabeth Lykins*
11:40-12:30 Recruiting-*Elizabeth Lykins*
12:30-2:00--LUNCH
2:00-2:50 Rules Interpretation
Brad Alford
2:55-3:45 Swimming Coaches Meeting

SOFTBALL - The Plaza

Amy Hayes—Bradley

Sam Marder—Texas Tech

Mark Dreibelbis--NCHSAA

- 8:55-9:45 Bullpen Gadgets - *Amy Hayes*
9:50-10:40 Pitching Mechanics - *Hayes*
10:45-11:35 Setting up a Hitter- *Hayes*
11:40-12:30 Catching - *Sam Marder*
12:30-2:00--LUNCH
2:00-2:50 Hitting - *Sam Marder*
2:55-3:45 Rules Interpretation
Mark Dreibelbis
3:50-4:40 Softball Coaches Meeting

TENNIS - UNC-Greensboro

Coaches: Bring your rackets and shoes for these sessions.

Jeff Trivette—UNCG Tennis

Tom Parham—Retired

Michael Leonard—Elon

Donald Clark—NCHSTCAA

Andrew Waldrop-USTANC

Tra Waters-NCHSAA

- 9:00-9:15 Welcome
9:15-10:15 Practice Drills
10:15-11:30 Drills and Demonstrations
11:30-1:00--Lunch
1:00-1:30 MaxPreps and NCHSTCAA
Donald Clark
1:30-2:00 NCHSAA Update - *Tra Waters*
2:00-2:30 How to Build Teams - *Parham*
2:30-3:30 Updates from USTANC - *Waldrop*

THURSDAY, JULY 21

Registration Open 8-10 am ONLY

FOOTBALL - Coliseum

Dennis Franchione—Retired

Mark Dreibelbis--NCHSAA

- 8:55-9:45 Stretch Mid Zone & Play
Action - *Dennis Franchione*
9:50-10:40 Uptempo RPO's Run Pass
Options - *Franchione*
10:45-11:35 Split Zone 1-2 Man Read
Franchione
11:40-12:30 Rules Interpretation
Mark Dreibelbis

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The Official Ring of the East - West All Star Games

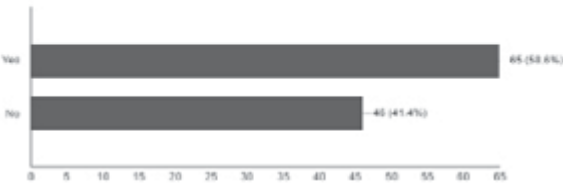


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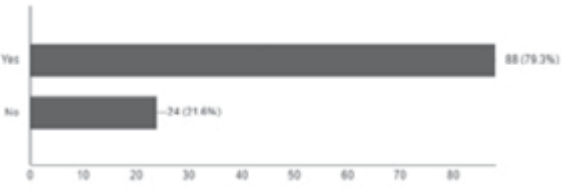
Contact Local Rep. Leigh Hottel 843-390-0584
leigh.hottel@jostens.com

NCCA Member Survey Results

Are you aware that you, as an NCCA member, are covered by general liability insurance in the classroom as well while performing coaching duties? (111 responses)



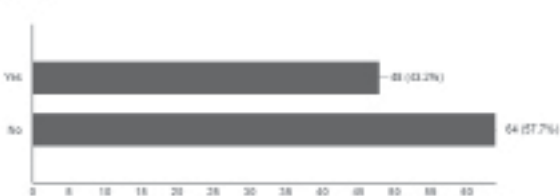
Do you read the newsletter columns written by the executive directors? (111 responses)



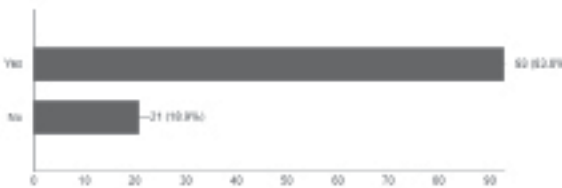
Were you aware anyone may attend the NCCA All-Star Awards Banquet for \$35? (111 responses)



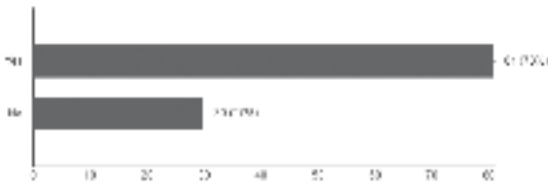
Are you aware that you are NOT covered by NCCA liability insurance while working an all-star game not administered by the NCCA or where you are the owner? (111 responses)



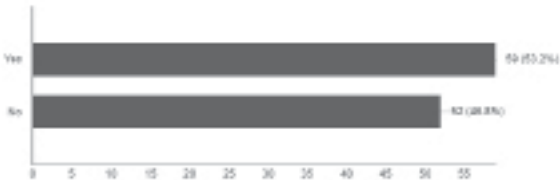
Do you read the newsletter article "They Still Call Me Coach"? (111 responses)



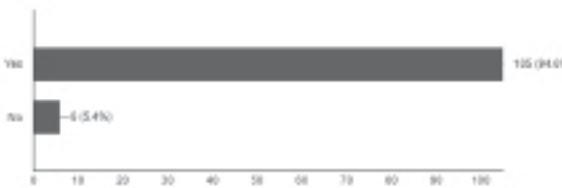
Were you aware that only NCCA member head coaches in the sport may nominate for the All-Star Game? Others must have their athletic director's email their approval for those nominated. (111 responses)



Are you aware that, through the NCCA's insurer, you may purchase both liability and personal injury insurance coverage for camps you operate? (111 responses)



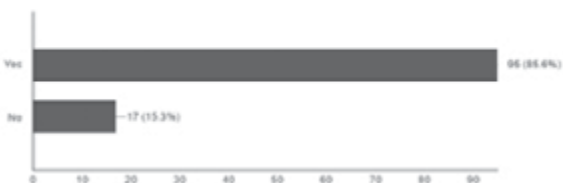
Do you read the NCCA Coaching Clinic brochure mailed in late spring? (111 responses)



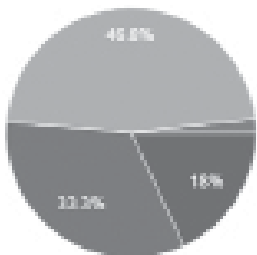
Were you aware that NCCA members of at least 15 years who have a child enrolling the next year as a freshman undergraduate or as a graduate student may apply for some of the \$14,000 annually given in college scholarships by the NCCA? (111 responses)



Do you read the NCCA Newsletter? (111 responses)

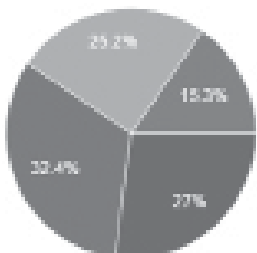


The NCCA Newsletter: (111 responses)



- should continue as a print-only publication mailed to NCCA members.
- should continue to be published online only.
- should continue to be printed and mailed to members AND published online.
- Other

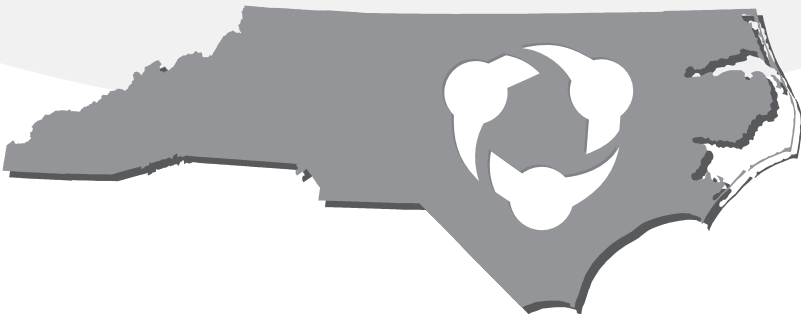
have been a member of the NCCA for: (111 responses)



- over 20 years.
- 10 to 20 years.
- 5 to 10 years.
- 1 to 5 years.



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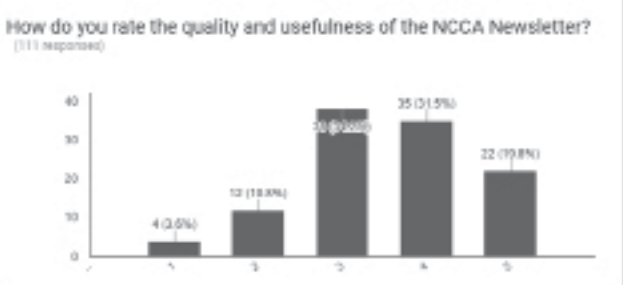
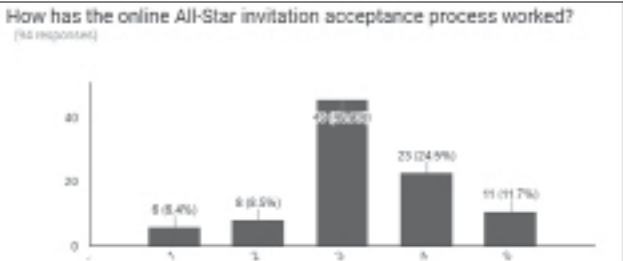
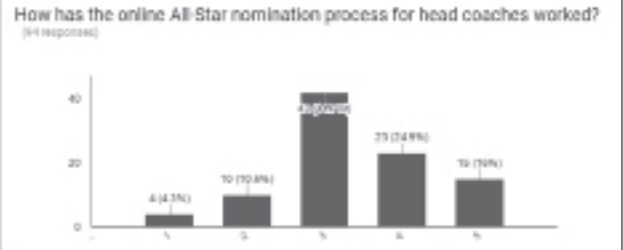
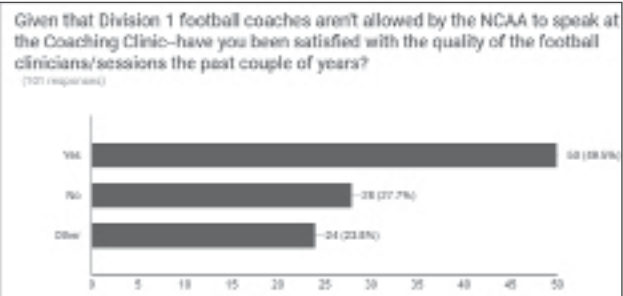
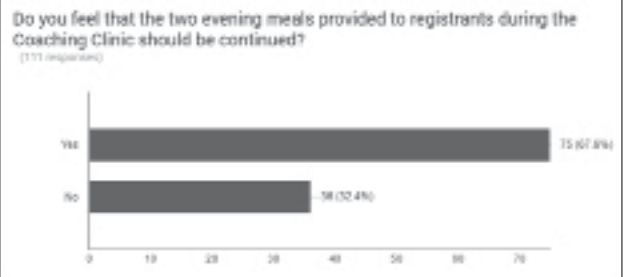
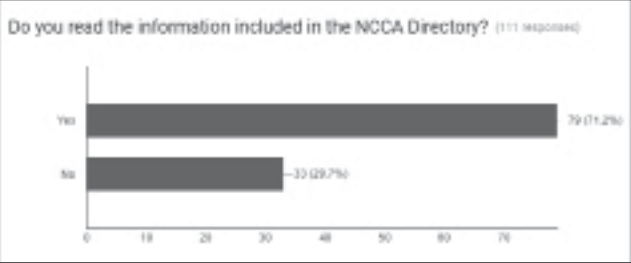
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Survey Results...



1 = poor
2 = weak
3 = average
4 = good
5 = excellent

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“OLD-TIMERS” LUNCHEON

Every year, the NCCA hosts our **RETIRED** members for lunch.
Lunch will begin at 12 Noon
on Tuesday, July 19th in Meeting Room #4.

*If you are a Gold Card member who is retired,
please return this “RSVP” or email us by Thursday, July 14th.
to let Mac know you are planning to join us.
It is important that you let us know so we can get an accurate count.*

mmorris@nccoach.org

RETIREE NAME(S) _____ # _____

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