



From the Clinic Desk

by Mac Morris

We have been doing these columns for close to twenty years and when the newsletter editor came into the office today, I threatened to pull up one of the old columns and use it. There seems to be no big issue to talk about these days. Since I have often been criticized for trying to force my beliefs on others, I will stick strictly to the facts for making this a good Clinic for all.

The biggest news for this summer's event is that we have moved the swimming rules session from 2:00 to 2:55. It was originally scheduled to be at the same time as the soccer rules but since rules sessions became mandatory for swimming, we changed the sessions to accommodate those who coach both sports. Please make the swim coaches aware of this change. It will inconvenience some coaches having to stay an extra hour for the rules but this should end some complaints.

Some suggestions for making the Clinic better for you: If all you are doing is coming to get your picture made and going home, try not to come on Monday. The lines are very long and you will have to wait for a very long time to accomplish this. Tuesday afternoon or Thursday morning will be much easier. Don't admit to anyone that this is all you are doing but you will be happier.

Registration opens at 8:00 am each day; closes at 12 and reopens from 2:00-3:30. On Thursday, registration is only open from 8-10 am since Board Policy states that you have to attend one day to be a member. These times are strictly enforced.

We put the membership card and meal tickets on one sheet so you will keep it together and not lose any part of it. Please keep it together until you need it because getting replacements is tough. If you have already had your picture made and you lose it, please check with Coliseum Staff to see if it has been turned in before

checking with the registration desk. If you have a change of address or a change of schools after you sent in your registration card, please correct this by filling out a new card with change on the top and turn it in to the registration desk so we can keep the computer database as current as possible. This will also prevent us from having to find you at a new school when your old school says you aren't there any more.

You must be registered with us to attend the rules sessions. The Coliseum Staff will be checking at every session to make sure that you have proper credentials. The rules sessions are presented by the NCHSAA Staff as a service to you. Don't be late or you might not get credit for attending. If you miss the sessions at the Clinic, there will be sessions offered throughout the state closer to the season. This will all be listed on the NCHSAA website under officiating. Please be courteous to the presenters, all they are giving is what the National Federation has decreed and not

a personal thing.

We are using the Field House as a setting for basketball, baseball and football. It is an update from the old Pavilion and hopefully will have better acoustics for these sessions. There should be plenty of space and there will be floor seating as well as in the stands. This is the facility where the Hornet's NBDL Team plays its home games. The Coliseum was in use for a concert so we are moving things around.

As you should have seen in your registration packet, the Athletic Injury Management Seminar is only two days this year. Due to the concert in the Coliseum, we only have available space for Wednesday and Thursday of Clinic Week. They are also offering 14 CPR/AED Certification Classes on Sunday through Thursday of that week. If you are interested in these, visit tinyurl.com/nccapreregistration. Registration is first come first served and any questions should go to natesowle@gmail.com

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From the Games Desk

by Phil Weaver

The NCCA's membership changes by about one-third each year. Even discounting for coaches who may simply have missed a year of membership, that's a lot of new folks. Because I think it's something new coaches need to hear, bear with me if you've seen this subject addressed before. During my coaching career, I coached six different sports. Granted, softball and women's basketball are a lot like baseball and men's basketball respectively, but I don't think women and men can be coached exactly the same; at least I couldn't do it. Add football and men's golf and I had quite a varied coaching experience.

One constant though, was that with both genders, the best teams usually had several multiple sport athletes on them. The best athletes I coached almost invariably played more than one sport, and often three. I had some single sport athletes

who were as physically gifted, but the multiple sport athletes were better leaders and often mentally tougher than the specialists. I had more than my share of Division I signees but never coached a 5-star or a Blue Chipper. I can't swear that those single sport phenoms should play more than their one sport, but I do think it would make them a better athlete and teammate.

Yes, I can remember extending tryouts in basketball because the football team was in the playoffs. I can remember losing by one point at the home of the eventual state champs while my point guard played in the Shrine Game. But I can also remember winning over 25 straight once he returned. Football players never complained about the "hard work" at a basketball practice, and they certainly got my team a lot of rebounds. My best softball teams featured a good number

of girls who had already played volleyball and basketball together. So by the spring, they provided a great, stable nucleus to mold the team around.

So, my point is that coaches need to work together to allow any athlete who wants to play other sports to do so. Every coach may have to make a concession for a multi-sport athlete to miss a workout, etc. (not an inseason one of course) so the athlete can play other sports as well. This is not easy for the primary sport coach; but necessary. With the state moving closer to spring practice in football, I hope football coaches will encourage the kids who want to play baseball, golf, tennis, lacrosse, or run track to do so. All other sports need to encourage participation in another sport also. Your off-season workouts are not as important as the development of the athlete – mentally and physically (not just sport-specific development).

When I began my coaching career, there were rarely any conflicts between sports from a kid's perspective. When football was over, basketball began, and then baseball. Certainly all kids didn't do all three, but the better athletes did. The advent of AAU basketball, fall baseball, USVBA tournaments, and now even passing league teams recruited from many schools threaten an athlete's ability to have a life beyond his or her best sport. I hope parents will soon realize that pressuring their children to pursue a single sport is detrimental to the overall development of their young athlete. If the athlete decides to choose one sport, then so be it. But as coaches, let's encourage kids to pursue as many sports as they can, remain academically successful, and balance it all with a rich social life.

N.C. COACH



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Q & A

These are questions we received on our online survey of 2016. We are answering them here as space permits.

Q: Why didn't I get my registration materials in the mail?

A: Most likely, you have moved since registering last year and forgot to notify us of a change of address. The Post Office does not forward bulk mail. The other, much less likely answer, is that the Post Office lost or damaged it.

Q: Why am I not registered? I sent my stuff to Chapel Hill a month ago. What is the difference between the NCCA and the NCHSAA?

A: The NCHSAA is in Chapel Hill and we're in Greensboro. We work together on many projects but are separate organizations. The NCHSAA administers high school athletics and we operate the NCCA Coaching Clinic, the East-West All-Star Games, and are primarily focused on helping coaches.

Q: Why can't I pick-up my All-Star Program earlier at the Clinic?

A: The Program is printed late so we can include as many replacement players' profiles as possible. It also allows for all

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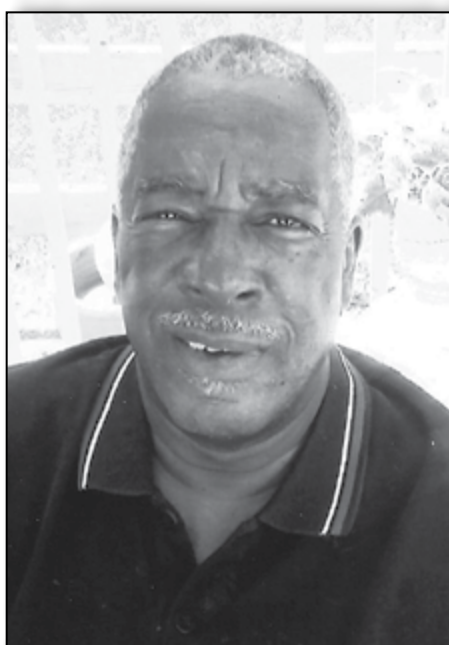
Close out and get a hand up.

team photos to be included. Programs are delivered directly from the printer to our Registration table at noon on Monday. They are available anytime Registration is open, starting at 2 pm on Monday.

Q: Why don't we have an All-Star volleyball game?

A: We'd love to add volleyball, but we learned a lot about the costs of starting new games when the soccer games were

added. There is great initial expense but the costs carrying forward are even greater. Some time ago, our Board of Directors enacted a policy that requires 3 years of complete funding be committed before we add a game. For volleyball, this would probably be between \$75,000 - \$100,000 because we would want to present it in the same first-class manner as the other All-Star Games.



They Still Call Me "Coach"

Alfred A. Poe

Coach Poe is retired as Athletic Director at Carver High School. He attended and graduated from William Penn High School in High Point, then went to North Carolina College on a tennis scholarship. Coach Poe went on to work in Maryland after graduation and did post-graduate studies at Bowie State. He left Maryland to coach tennis at Livingstone College, and then became the head basketball coach at Carver High School in Winston-Salem. After retiring, Coach Poe has been helping his coaching friend Billy Martin at RJ Reynolds. He and his wife have been married for 44 years and have three adult children from this union.

NCC: WHAT IS YOUR MOST MEMORABLE COACHING EXPERIENCE?

AP: My most memorable coaching experience is when the Carver High School basketball team did what no other Carver basketball team had done. They beat West Forsyth to win the Frank Spencer Holiday Basketball Classic Tournament in 1990 and went on to repeat the win in 1991.

NCC: WHAT PART OF COACHING WAS THE MOST REWARDING FOR YOU?

AP: The most rewarding part of coaching to me was taking a group of upolished, inexperienced young people into the gym or onto the track, football field,

or tennis court. Then I could prepare them for every game by taking those tools from practice and implementing them into the game.

NCC: WHY DID YOU GO INTO COACHING?

AP: I wanted to help guide young people for the love of the game. Growing up, I worked around basketball and tennis. I fell in love with those two sports. My high school basketball coach, Coach Meadows at William Penn High School in High Point, NC, inspired me to pursue basketball, and my college coach inspired me to excel in tennis.

NCC: WHAT IS YOUR FUNNIEST COACHING MEMORY?

AP: I was coaching one night so hard that my partial popped out of my mouth and onto the floor. The game was paused for a second while I gathered it. The players and coaching staff laughed so hard that we had to compose ourselves to continue playing the basketball game.

NCC: WHAT WAS YOUR MOST EMBARRASSING COACHING MOMENT?

AP: I received a technical foul for asking the official, "Are you color blind?". I was speaking of the school's colors. This was in the first half of the game. Going into the locker room, the official heard what I had said to him, and gave me a technical foul to start the third quarter.

NCC: What was your favorite play or strategy?

AP: Our strategy was to play sound defense which always gave us a chance to win the game. When we stayed in our basic defense with minor adjustments, we were able to center our opponents' offensive threats.

NCC: WHO HAD THE TOUGHEST TEAMS YOU COACHED AGAINST?

AP: I coached against many great coaches, but two of the toughest were

see "Coach", page 3

Clinic

from page 1

We think we have some very good speakers for this summer. You can get the clinic schedule from this newsletter or from our website www.nccoach.org. We haven't gotten all the topics yet from the clinicians but will have them up as quickly as possible. Hope you have a good experience at the Clinic.

JOE'S CORNER

by Joe Franks

Clinic Week is almost here, so here are some tips to make things run more smoothly.

First and foremost, SWIMMING and GOLF Coaches: PLEASE note the date change for this year – Swimming and Golf are on TUESDAY 7/18. In addition, the SWIMMING RULES have been moved to 2:55 on Tuesday to eliminate a conflict with the soccer rules session.

For those of you who are taking Athletic Injury Management, the classes this year are on Wednesday and Thursday ONLY. The Coliseum has a major concert on Tuesday night and the sessions had to be adjusted.

Here are some general pointers to help things run smoothly for all of us:

1) We all know that Monday is the most crowded day, so understand that there will be lines – both new registration and pre-registration – not to mention pictures.

The picture lines are much shorter later on Monday afternoon and mid-morning Tuesday and Wednesday.

2) Make sure you have your ID with you – not in the car or at the hotel.

3) Remember that we take cash or check – no credit cards. There is an ATM in the Coliseum lobby to get cash.

As I have said before, the NCHSAA is receptive to input from our association and from individual sport associations. While the NCCA representative is an Affiliate Member (which means we don't have a vote), we are active in committees and in general discussion during the meetings. As your representative on the NCHSAA Board, I welcome your input. My email is jfranks@nccoach.org

Thanks for all you do for our young people. Let's continue to make the title "Coach" one that is respected and admired.

"Coach" *continued from page 2*

former Page High School's coach, Mac Morris, and former Smith High School's coach, Reggie Peace.

NCC: WHAT CHANGE(S) WOULD YOU MAKE TO THE CURRENT RULES IN YOUR SPORT?

AP: I would extend the 3-point line further back. I feel like the 3-point shot has reduced the skill of today's player. Too many players think that they are 3-point shooters and neglect the fundamentals.

NCC: WHAT ONE PIECE OF ADVICE WOULD YOU GIVE A BEGINNING COACH?

AP: I would tell them to prepare for a game like you're preparing your lesson plans, because basketball is like teaching. You are teaching fundamentals of the game. A coach should have a clear idea of what is to be accomplished. Most importantly, you must surround yourself with good, dependable, knowledgeable, and hardworking assistant coaches who share your objectives.

NCC: WHAT ARE THE MOST IMPORTANT THINGS FOR YOUNG COACHES TO DO IN DEALING WITH:

AP: Athletes: That you care, you have their best interests in mind, and they understand your expectations.

Parents: At the beginning of the year, let them know team rules, expectations, practice times, etc. I feel like this information should be written and given to the players and parents.

Administrators: Meet with them to discuss your goals and expectations.

Athletic directors: The AD should be about the entire Athletic Department, not showing favorites.

Other coaches: Other coaches, which include your assistant coaches, should be treated with respect.

The press/media: All coaches have the responsibility to report games after a win or a loss. Players need to know that their performance is being reported and that ultimately, it helps their careers for the sport they are participating in.

NCC: WHAT DOES THE NCCA MEAN TO YOU?

AP: It's an organization that helps govern all athletics in the state of North Carolina. This body extends helpful clinics and meetings that benefits all coaches in all sports, and ultimately helps every school in the state of North Carolina and its athletic programs.

NCC: OTHER COMMENTS YOU WOULD LIKE TO SHARE WITH OUR MEMBERS:

AP: I have been blessed to have outstanding assistant coaches and coached with outstanding coaches. Not only in basketball, but in football and track. Coaching has given me opportunities to attend summer basketball camps and meet other coaches who are still my friends. I have enjoyed summers going to the Coaching Clinics and meeting coaches from other cities and counties. May you continue caring and coaching the athletes.

NCCA and East-West Apparel Sale

Champion is our new apparel sponsor, so we have some older Russell clothing for sale.

We are taking bids for the following sets of men's basketball practice jerseys with "East" or "West", a number, and decorated with a star. There are not enough shorts to match the number of jerseys, but some will be available for \$5.00 each when purchased as separates.

ROYAL BLUE -- EAST

M-2, L-9, XL-7, XXL-4, XXXL-1 23 practice jerseys

RED -- WEST

M-2, L-5, XL-12, XXL-8 27 practice jerseys

Send your bid, starting at a minimum of \$125.00 per set to pweaver@nccoach.org.

At our booth at the NCCA Coaching Clinic Trade Show, we'll have the following new items at our booth:

Black t-shirts \$10.00

Gray t-shirts..... \$10.00

East-West polos – various colors and styles \$20.00

A few football jerseys \$25.00

A few soccer pants and jerseys \$5.00

All-Star socks \$2.00

Basketball practice shorts \$5.00

East-West basketball uniforms \$5.00 per piece or make me an offer for a set of 15 uniforms.



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NCCA

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EAST FOOTBALL

NAME	HIGH SCHOOL	COACH
Nick Anderson	Terry Sanford	Bruce McClelland
Thomas Battle	Rocky Mount	Jason Battle
Jaicari Boone	Jacksonville	Beau Williams
Daenard Branch	Kinston	Ryan Gieselman
Aaron Cox	Ayden-Grifton	Paul Cornwell
Duncan Englehardt	East Carteret	Caleb King
Jerome Ferguson	Lee County	Burton Cates
Patrick Foushee JR	Lee County	Burton Cates
Kendall Frazier	Havelock	Kenneth Frazier
Markel Freeman	Riverside	Asim McGill
Collin Hairr	Hoggard	Craig Underwood
Rashaun Hines	Seventy-First	Duran McLaurin
Luke Hoggard	Holmes	Paul Hoggard
Dennis Jones	Bunn	David Howle
Will Jones	Wake Forest	Reggie Lucas
Karfa Kaba	Scotland County	Richard Bailey
Jo Leake	West Montgomery	Nick Eddins
Quinzel Lockhart	Havelock	Caleb King
Anthony McCray	West Brunswick	Kelly Williamson
Jonte McMullen	Northside-Jacksonville	Kendrick Pollock
Amir McNeill	Scotland	Richard Bailey
Shaundre Mims	West Craven	Mike Twichell
Patrick Morrison	Hoggard	Craig Underwood
Sam Nay	Croatan	David Perry
Montrell Pollock	Jacksonville	Beau Williams
Artavious Richardson	Rocky Mount	Jason Battle
Noel Ruiz	Fike	Tom Nelson
Tralenn Sawyer	Northeastern	Antonio Moore
Jacob Scott	Cleveland	Scott Riley
Stevie Sharpe	Croatan	David Perry
Ryheem Skinner	Clinton	Bob Lewis
Lajarvius Thomas	Holmes	Paul Hoggard
Taye Vereen	West Brunswick	Kelly Williamson
Modica Whitehurst	Ayden-Grifton	Paul Cornwell
Jimmy "Buck" Williams	West Johnston	Jimmy Williams
Ja'Quan Witherspoon	North Pitt	Brent Wooten

Head Coach

Richard Bailey - Scotland County

Assistant Coaches

Jason Battle - Rocky Mount

Samuel Hales - West Johnston

Battle Holley - East Duplin

Caleb King - Havelock

Reggie Lucas - Wake Forest

2017 East-West

EAST WOMEN'S BASKETBALL

NAME	HIGH SCHOOL	COACH
Talia Barnes	Charles E Jordan	Ty Cox
Kai Crutchfield	Millbrook	Chris East
Rayvin Griffin	E. E. Smith	Latanya Hardy
Elisia Grissett	Hillside	Ovester Grays
Asia Henderson	South View	Brent Barker
Kayla Jones	Riverside-Martin	Benjamin James
Jonisha McCoy	East Duplin	Mark Lane
Dazia Powell	Millbrook	Chris East
Jaylin Powell	Rolesville	Clinton Williams
Nyona Shields	Union Pines	Greg Mayer

Head Coach: Nattlie McArthur - Jack Britt

Assistant Coach: W. Chris Owens - South Robeson

EAST MEN'S BASKETBALL

NAME	HIGH SCHOOL	COACH
Connor Crabtree	Orange	Greg Motley
Eric Fox	Apex	David Neal
Zach Hobbs	Northside	Tony Marshburn
Alex Hunter	Leesville Road	Russ Frazier
Tyrell Kirk	Whiteville	Jerry Singletary
Jaquan Miles	Northampton County	Jonathan White
Devonte Pettaway	North Pitt	Mark Carson
Jeremiah Pope	Clinton	Randy Jordan
Alex Reed	Garner Magnet	Eddie Gray
Samson Strickland	Fike	Brent Secrest

Head Coach - Brett Queen (Hoggard)

Assistant Coach - Chris Cherry (South Central)

East-West All-Star Basketball Games

Monday, July 17th, 2017

Greensboro Coliseum Arena

Women's @ 6:30 pm, Men's @ 8:30

East-West All-Star Basketball Games

Wednesday, July 19th, 2017

Jamieson Stadium

8:00 pm

EAST WOMEN'S SOCCER

NAME	HIGH SCHOOL	COACH
Taylor Cammarata	Green Hope	Stacy Lamb
Abbey Campbell	New Hanover	Theodore Rennie
Lillian Dunn	Green Hope	Stacy Lamb
Haley Garrett	Cardinal Gibbons	Michele Miller
Rachel Golden	Leesville Road	Paul Dinkenor
Madison Hoopes	Jacksonville	David Miller
Brianna Kropinack	Swansboro	Doug Kidd
Madison McNally	Wake Forest	Jeremiah Mattingly
Brianna Morris	Millbrook	Matt Edwards
Robin Pollard	West Johnston	Luke Waddell
Katie Quinn	Heritage	Scott Sloan
Tori Riggs	Croatan	Paul Slater
Siara Southerland	Hoggard	Justin Schatz
Laura Sparling	Carrboro	Jared Drexler
Laurn Taiwo	Cardinal Gibbons	Laurn Taiwo
Natasha Turner	Carrboro	Jared Drexler

Head Coach: Scott Sloan - Heritage

EAST MEN'S SOCCER

NAME	HIGH SCHOOL	COACH
Jose Anguiano	Hunt	Eric Nguyen
Dashaun Brown	White Oak	David Carroll
Zach Curtis	Green Hope	David Corsbie
Cooper Dean	Hunt	Eric Nguyen
Wesley Dunn	Leesville Road	Paul Dinkenor
Brendan Holly	Chapel Hill	Jason Curtis
Sam Linker	Chapel Hill	Jason Curtis
Connor Munz	Green Hope	David Corsbie
Tristan Nelson	Laney	Jameson Noble
Dillon Parker	Corinth Holders	Brent Walston
Declan Payne	New Hanover	Theodore Rennie
Josh Siggers	Swansboro	Doug Kidd
Gray Sutter	Clinton	Bradley Spell
Cadence Tootle	Swansboro	Doug Kidd
Ian Walston	North Johnston	Jody Edwards
Turner Wells	Clinton	Bradley Spell

Head Coach: Joe McCarthy - Northern Nash

All-Star Rosters

WEST WOMEN'S BASKETBALL

NAME	HIGH SCHOOL	COACH
Chrisalyn Boston	RJ Reynolds	Johnathan Gainey
Abby Cook	Alexander Central	Jacob Lail
Kyra Davis	R.S. Central	Darius Fuller
Kristian Eanes	Northwood	Cameron Vernon
Mahaley Holit	Central Cabarrus	Brandon Blalock
J'nai Millner	Eden Morehead	Demond Dillard
Lashonda Monk	SW Guilford	Nicholas Scarborough
Madelyn Webb	Pisgah	Brandon Holloway
Ariyana Williams	Freedom	Amber Reddick
Tierra Wilson	RJ Reynolds	Jonathan Gainey

Head Coach: *Kim Furlough - Northern Guilford*
Assistant Coach: *Brandon Holloway - Pisgah*

WEST MEN'S BASKETBALL

NAME	HIGH SCHOOL	COACH
Mason Hawks	North Surry	Kevin King
Quay Kimble	Shelby High	Aubrey Hollifield
Kameron Langley	Southwest Guilford	Guy Shavers
Austin Nelson	North Henderson	Justin Parris
Carter Phillips	North Surry	Kevin King
Cameron Robinson	Mt. Tabor	Andy Muse
Ryan Schwieger	Weddington	Gary Ellington
Jalen Spicer	NW Guilford	Lee Reavis
Bryant Thomas	South Mecklenburg	John Fitch
Zaire Williams	Winston Salem Prep	Andre Gould

Head Coach: *Sean Vestal - North Forsyth*
Assistant Coach: *Brian Franklin - McDowell*

Star Football Game
July 19th, 2017
ium, Grimsley HS
0 pm

East-West All-Star Soccer Games
Tuesday, July 18th, 2017
Macpherson Stadium, Bryan Park
Women's @ 6:30 pm, Men's @ 8:30 pm

WEST FOOTBALL

NAME	HIGH SCHOOL	COACH
Demarcus Alexander	Central Cabarrus	Donnie Kiefer
Cinsere Allison	A.L. Brown	Mike Newsome
Darius Archie	Shelby	Lance Ware
James Artis	Eastern Guilford	Doug Robertson
Tremayne Booker	Forestview	Chris Medlin
James Boyle	Davie County	Tim Devericks
Makaius Brewer	Asheville	David Burchette
Deyqua Byrd	West Rowan	Joe Nixon
Tyshawn Carter	Rocky River	Jason Fowler
Randall Chrisco	Asheboro	Owen George
Sirod Cook	East Forsyth	Todd Willert
Josh Dale	Robinson	Joe Glass
Tyler DeBerry	Page	Kevin Gillespie
Devan Hairston	West Stokes	Jimmy Upchurch
Devin Harrell	Hunter Huss	Jamar McKoy
Tyrek Haywood	Rocky River	Jason Fowler
Tyjuan Hazel	East Forsyth	Todd Willert
Jalen Hester	Eastern Alamance	John Kirby
Malik Jackson	West Stanly	Eric Morman
Aaron Jolly	Shelby	Lance Ware
Nathan Whitaker	Forestview	Chris Medlin
Jaron Letterlough	Reidsville	James Teague
Chavis Little	High Point Central	Wayne Jones
Brian Macuga	Charlotte Catholic	Kevin Christmas
Jessie Malit	Cox Mill	Craig Stewart
Darian McClain	Kings Mountain	Greg Lloyd
Tyshun Odom	Crest	Cort Radford
Nigel Peele	Dudley	Steven Davis
Ronald Polite	Page	Kevin Gillespie
Chris Reynolds	Davie County	Tim Devericks
Noah Sanders	Burns	David Devine
Austin Sherrill	Mt Pleasant	Michael Johns
Cooper Short	Kings Mountain	Greg Lloyd
Juy Smith	North Davidson	Mark Holcomb
Andrew Wall	A C Reynolds	Shane Laws
Brenden Westbrook	Carson	Joe Pinyan

Head Coach
Greg Lloyd - Kings Mountain
Assistant Coaches
Larry Brow - A.C. Reynolds
Greg Hill - Ashbrook
DeVore Holman - West Caldwell
Lonnie Jones - High Point Central
Jimmy Upchurch - West Stokes

WEST WOMEN'S SOCCER

NAME	HIGH SCHOOL	COACH
Madelyn Becker	Newton Conover	Angelo Palozzi
Molly Boda	Central Acad. of Tech & Arts	Jay Niessner
Maddie Capel	Hickory Ridge	Carrie Maxwell
Skyler Chillson	Lake Norman	Matt Bice
Brooke Freeman	South Iredell	David Basinger
Katie Kearns	AC Reynolds	Patrick Gladys
Cori May	SW Guilford	Rob Szitas
Kenzie McDowell	Asheville	Mike Flowe
Molly McGarry	Providence	Nathan Williams
Alivia McKelvy	Piedmont	Austin Knight
Claire Michaels	Page	James Pielow
Elizabeth Neblett	West Forsyth	Scott Bilton
Meaghan Quinn	South Iredell	David Basinger
Jovanna Ramirez Sanchez	Hickory High	Brian Jillings
Ashley Rumley	Northern Guilford	Wes Lewis
Abigail Stapleton	Charlotte Catholic	Gary Hoilett

Head Coach: *Angelo Palozzi - Newton Conover*

WEST MEN'S SOCCER

NAME	HIGH SCHOOL	COACH
Triston Barbour	Western Alamance	Bruce Shepherd
Konner Brown	AC Reynolds	Patrick Gladys
Michael Davidson	Weddington	Powell Williams
Ethan DeSilva	South Mecklenburg	Eric White
Weston Edwards	Forbush	Seth Davis
George Ellington	Williams	Jeremy Krist
Kenneth Gentry	Mt. Tabor	Jay Benfield
Dani Halbing	East Meck	Timothy Long
Tyson Hichman	West Henderson	Brian Brewer
Reed Hunnicutt	South Mecklenburg	Eric White
Aiman Hussein	Patton	Keith Scott
Brendan Mann	AC Reynolds	Patrick Gladys
Aidan O'Brien	Asheville	Mike Flowe
Seth O'Neal	Southern Alamance	Stephen Stewart
Karl-Heinz Reichert	Porter Ridge	Ron Ladimir
Preston Walker	Chase	Greg Deshommes

Head Coach: *Jeremy Krist - Williams*

The following hotels have given us special rates for the
NCCA Coaches Clinic July 17-20, 2017.

HOTEL	RATE	DISTANCE TO COLISEUM
Comfort Suites Four Seasons 3308 Isler St. 336-235-4002	\$119.99	2.5 miles
Comfort Inn 1103 Lanada Rd. 336-297-1055	\$89.99	4 miles
Comfort Suites - Whitsett 1102 Sedalia Crossing Lane Whitsett 336-449-5161	\$94.99 single \$119.99 dbl.	18 miles
Courtyard Marriott 4400 W. Wendover Dr. 301-820-6069	\$109.00	4.3 miles
Drury Inn & Suites Greensboro 3220 W. Gate City Blvd. 336-856-9696	\$119.00	1.5 miles
Embassy Suites 204 Centreport Dr. 336-669-4535	\$99.00	9 miles
Fairfield Inn GSO Airport 7615 Thorndike Rd. 336-841-0140	\$104.00	9 miles
Greensboro-High Point Marriott Airport One Marriott Dr. 301-820-6069	\$126.00	11 miles
Hampton Inn GSO Airport 7803 National Service Rd. 336-605-5500	\$93.00	9 miles
Holiday Inn Express & Suites East 3111 Cedar Park Rd. 336-697-0101	\$89.00	5 miles
Holiday Inn Express Greensboro 4305 Big Tree Way 336-854-0090	\$99.00	4 miles
Homewood Suites Hotel 201 Centreport Dr. 336-393-0088	\$89.00	9 miles
Hyatt Place Greensboro 1619 Stanley Rd. 336-852-1443	\$117.00	4.5 miles
Proximity Hotel 704 Green Valley Rd. 336-379-8200	\$209-\$229	3 miles
Quality Inn & Suites 7067 Albert Pick Rd. 336-668-3638	\$62.00 King \$62.00 DbL. \$99.99 King Suite	9 miles
Sheraton Greensboro Hotel 3121 W. Gate City Blvd. 336-292-9161	\$134.00	1.5 miles
Springhill Suites by Marriott 6006 Landmark Center Blvd. 336-809-0909	\$119 King Suite \$124 DbL. Suite	4 miles
Wingate by Wyndham 6007 Landmark Center Blvd. 336-854-8610	\$92 DbL/King \$122 Suites	4 miles

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NC Volleyball coaches to discuss forming Association

The Executive Committee of the newly formed North Carolina Volleyball Coaches Association, as well as Kathy DeBoer, Executive Director of the American Volleyball Coaches Association and Kennedy Wells, director of Membership for the American Volleyball Coaches Association will be discussing the formation of the NCVBCA.

We will be discussing advantages to our sport and athletes, membership and committees, It is vital that we all come together and form an association to grow our sport, to provide our athletes with greater opportunities, recognition, awards and to provide greater coaches training.

In Memoriam

Richard Hicks

Rocky Mount High School

Lewis Robertson

Dudley High School

Gary Whitman

High Point Central High School

Coaching Clinic Line-ups

MONDAY, JULY 17

Registration Open 8-12 and 2-3:30 pm
Coaches Dinner 5:30-6:30
- *Special Events Center* -
All-Star Basketball Games, 6:30 & 8:30
- *Greensboro Coliseum* -

BASKETBALL - The Fieldhouse

C.B. McGrath--UNCW
Casey Rogers--Freedom
Dan Spainhour--West Stokes
Mark Dreibelbis--NCHSAA
8:00-9:45 -- Registration
9:50-10:40 —Half-Court Defensive Drills,
C.B. McGrath
10:45-11:35 —Fast Break Drills,
C.B. McGrath
11:40-12:30 —Secondary Break/Motion
Offense, C.B. McGrath
12:30-2:00 --LUNCH
2:00-2:50 —Man Defensive Drills,
Casey Rogers
2:55-3:45 —Building a Sustainable Program,
Dan Spainhour
3:50-4:40 --Rules Interpretation,
Mark Dreibelbis
4:45-5:10 --Basketball Coaches Meeting

WOMEN’S BASKETBALL

Meeting Room #1

Sean O’Regan—James Madison
Chris East—Millbrook
Barbara Nelson—Myers Park
9:50-10:40 —Secondary Break, Sean O’Rega
10:45-11:35—“The Buzz” Zone Defense,
Sean O’Regan
11:40-12:30—Baseline Out of Bounds
Offense, Sean O’Regan
12:30-1:45--LUNCH
1:45-2:35 —Competitive Drills/Sideline OB,
Barbara Nelson
2:40-3:30 —Millbrook Defensive System
Chris East

WRESTLING - West Wing B-2

Bryce Hasseman—UNC
Mark Dreibelbis--NCHSAA
9:50-10:40 —Stance, Bryce Hasseman
10:45-11:35 —Hand Fighting and Ties,
Bryce Hasseman
11:40-12:30—Takedowns, Bryce Hasseman
12:30-2:00--LUNCH
2:00-2:50 —Rules Interpretation,
Mark Dreibelbis
2:55-3:45 —Top, Bryce Hasseman
3:50-4:40 —Bottom, Bryce Hasseman
4:45-5:45 -- Wrestling Coaches Meeting

JUNIOR HIGH/MIDDLE SCHOOL

Meeting Room #3

Scott Barringer—Carolina’s Medical Center
Richard Hatley--Retired
Deanna Morris—Smithfield-Selma
Burt Jenkins--NCDPI
Bobby Hill—Middle School AD
Bobby Guthrie—Retired AD
9:50-10:40 —Legal Liabilities in Caring for
Injuries, Scott Barringer

10:45-11:35 —Team Building, Team Rules
and 6th Graders,
Morris and Guthrie
11:40-12:30 —Successful Tips for Game
Days, Bobby Hill
12:00-2:00—Lunch
2:00-2:50 —Relationships and Running
Effective Practices,
Hatley and Morris
2:55-3:45—Middle School Manual Update,
Burt Jenkins/Bobby Guthrie

TUESDAY, JULY 18

Registration Open 8-12 and 2-3:30 pm
Retirees Luncheon 12:30 - *Room #4*
NCCA Business Meeting, 3:45
All-Star Soccer Games, 6:30 & 8:30
Macpherson Stadium

BASEBALL - The Fieldhouse

Chris Pollard—Duke
Monte Lee--Clemson
Mark Dreibelbis--NCHSAA
8:55-9:45 --Teaching young players to
compete, Chris Pollard
9:50-10:40 — Pitching to the count (...not
the batter), Chris Pollard
10:45-11:35 — A Simplified Approach to
teaching pitching mechanics, Pollard
11:40-12:30 —Rules Interpretation
Mark Dreibelbis
12:30-2:00--LUNCH
2:00-2:50 — Balanced Hitter Mentally/
Physically, Monte Lee
2:55-3:45 — Effective Defensive Drills/
Baserunning, Monte Lee
3:50-4:40 —Baseball Coaches Meeting

SOCCER - Meeting Room #1

Jason O’Keefe--Appalachian
Mark Dreibelbis--NCHSAA
8:55-9:45 —Building and Maintaining a
Championship Program,
Jason O’Keefe
9:50-10:40 — Developing Leaders and
Restarts, Jason O’Keefe
10:45-11:35 —Defending and Transition,
Jason O’Keefe
11:40-12:30 —Attacking and Transition,
Jason O’Keefe
12:30-2:00 --LUNCH
2:00-2:50 —Rules Interpretation,
Mark Dreibelbis
2:55-3:45 —Soccer Coaches Meeting

TRACK - West Wing B-2

Steve Silvey—Mississippi State
Que Tucker--NCHSAA
8:55-9:45 —Sprint Training, Steve Silvey
9:50-10:40 —110 Hurdles, Steve Silvey
10:45-11:35 —400 Meters, Steve Silvey
11:40-12:30 —800 Meter Training,
Steve Silvey
12:30-2:00--LUNCH
2:00-2:50 —300 Meter Hurdle Training,
Steve Silvey
2:55-3:45 —Relays, Steve Silvey
3:50-4:40 —Rules Interpretation,
Que Tucker
4:40-5:30—Track Coaches Meeting

SWIMMING - Meeting Room #2

Kate Moore—East Carolina
Brad Alford--Rules Interpretation
8:55--9:45—Leadership-How It Benefits
Your Team, Kate Moore
9:50--10:40—Season Planning, Kate Moore
10:45--11:35—Favorite Drills, Kate Moore
11:40--12:30—Recruiting, Kate Moore
12:30--2:00 LUNCH
2:00-2:50—Swimming Coaches Meeting
2:55--3:45—Rules Interpretation,
Brad Alford

GOLF - Meeting Room #3

Chris Haarlow—Precision Golf
Robert Linville
Carolinas Golf Association
Brad Alford—Rules Interpretation
8:55-9:45—Rules of Golf, CGA
9:50-10:40—Rules of Golf II,
CGA & Brad Alford
10:45-11:35— Short Game Techniques,
Chris Haarlow & Robert Linville
11:40-12:30—Effectiveness using deliberate
practice, Chris Haarlow & Robert Linville
12:30-2:00 Lunch
2:00-2:50—Psychology of coaching,
Chris Haarlow & Robert Linville
2:55-3:45—Golf Coaches Meeting

WEDNESDAY, JULY 19

Registration Open 8-12 and 2-3:30 pm
FCA Luncheon 12:30-2 pm
- *Special Events Center* -
Coaches’ Picnic 5:30-6:30
- *Special Events Center* -
All-Star Football Game, 8 pm
Jamieson Stadium

FOOTBALL - The Fieldhouse

Dan Brooks—Clemson-Retired
Steve Specht—St. Xavier’s HS
Paul Hoggard—Holmes HS
Mike Newsome—A.L. Brown HS
Scott Braswell—Woodberry Forest
8:55-9:45 —Coaching Is Teaching,
Dan Brooks
9:50-10:40 --Movements, Stunts and
Games, Dan Brooks
10:45-11:35 —Defending the Spread
Offense, Steve Specht
11:40-12:30—Blitz Concepts, Steve Specht
12:30-2:00 --LUNCH
2:00-2:50 —Developing the High School
QB, Scott Braswell
2:55-3:45—What Coaching Has Taught Me,
Paul Hoggard
3:50-4:40—A Guide to Becoming a Head
Coach, Mike Newsome
4:45-5:30 --Football Coaches Meeting

VOLLEYBALL - West Wing B-2

Joe Sagula—UNC
Mark Dreibelbis --NCHSAA
8:55-9:45— Passing Fundamentals/Building
a Serve Receive System, Joe Sagula
9:50-10:40—Out of System Training and
Serving Principles, Joe Sagula
10:45-11:35—Volleyball Coaches Meeting
11:40-12:30--Rules Interpretation,
Mark Dreibelbis
12:30-2:00--LUNCH

2:00-2:50— Training for Ball Control/Ball
Handling Drills, Joe Sagula
2:55-3:45— The Games Within the Game/
Competitive Drills, Joe Sagula

CROSS COUNTRY

Meeting Room #3

Angelina Ramos—Saginaw Valley State
8:55-9:45—Combining Science and
Experience, Angelina Ramos
9:50-10:45—Team Culture, Psychology,
Training to Racing, Ramos
10:50-11:40—The Communication Side of
Coaching, Angelina Ramos
11:45-12:35—The Secrets Behind
Recruiting, Angelina Ramos
12:35-1:30--Cross Country Coaches Meeting
2:00-5:00—National Federation Rules
Certification

SOFTBALL - Meeting Room #1

Jim Beitia—formerly at Auburn
Greg Blakey—Mt. Zion High School
8:55-9:45—Offensive Signs and Strategies,
Jim Beitia
9:50-10:40—Practice Planning, Jim Beitia
10:45-11:35—Team Defense, Jim Beitia
11:40-12:30 ---Making Practice
Uncomfortable, Greg Blakey
12:30-2:00--LUNCH
2:00-2:50—Slappers, Why You Need
Them, Greg Blakey
2:55-3:45—Rules Interpretation, Dreibelbis
3:50-4:40 -- Softball Coaches Meeting

TENNIS - UNCG Courts

Jeff Trivette—UNC-G Tennis
Coaches: Bring your rackets and shoes.
9:00-9:15—Welcome/Introduction
9:15-10:15—Tennis Drills/Interactive
10:15-11:15—Building a Program/Team
Environment
11:30-1:00—Lunch
Afternoon session will be in the large audi-
torium in the School of Education Building:
1:15-2:15—Rules Interpretation
3:00-3:30—Updates from USTA/NC for
Players and Coaches

THURSDAY, JULY 20

Registration Open 8-10 am ONLY

FOOTBALL - The Fieldhouse

Gene Chizik—UNC-Retired
Mark Dreibelbis--NCHSAA
8:55-9:45—Developing an Identity/Who
Are You? Gene Chizik
9:50-10:40—Game Week Preparations,
Gene Chizik
10:45-11:35—Teaching Progression/Skill
Drills, Gene Chizik
11:40-12:30—Rules Interpretation, Dreibelbis

“OLD-TIMERS” LUNCHEON

The NCCA will again host our
RETIRED members for lunch on
Tuesday, July 18th • 12:30 PM
Meeting Room #4.
Please RSVP to Mac at
mmorris@nccoach.org
by Thursday, July 13th so we can get
an accurate count. See you there!



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