



From the Clinic Desk

by Mac Morris

IF CURRENT PLANS materialize, this will be the last newsletter that comes to you in the mail. We are planning to go on-line with our next issue in October. This should bring a cost savings to the Association and take away another burden from the USPS getting it to you on time.

The Clinic is less than a month away and in spite of Joe's journeys across the state to get registration blanks in the hands of AD's, the registration so far has been on the slow side. Interesting side note here - in spite of these efforts, we still received white registration cards from three places instead of the new beige ones.

The actual Clinic Schedule should be finalized by the end of this week. One change has taken place. Jackie Hayes is not only a foot-

ball coach but also a legislator in South Carolina and has let us know he will not be able to come due to a legislative session in Columbia. We were fortunate enough to get Cleive Adams, head coach at Averett University in Danville to take his place. Averett had its best season in a long time and we feel fortunate to have Cleive join us. Some of the other clinicians haven't gotten their topics in to us, but the schedule will be in this newsletter and on the website as soon as possible. The topics that are in so far look interesting and I hope you will enjoy the sessions.

The other change for this summer is that we will not be serving meals on Monday and Wednesday nights. I talked about this in the last newsletter as a cost-saving measure and requested comments from the member-

ship. Lately, we've been serving meals to such a small number of coaches. There were no responses to this, so I took it that the general feeling was not to support the meals. There will still be an FCA Luncheon on Wednesday and our Old Timer's Lunch on Tuesday, but there will no longer be any meals in the evenings.

This will be my 43rd year of working with the Clinic and it has been a lot of fun meeting these college coaches who have come to speak. I feel like when I first started, I knew the names of most of the coaches who attended. Nowadays, we have so many coaches who just come, get their ID and go home that I don't feel that way any more.

Back in the old days, there was a barbeque on Monday night. When Coach Jamieson was in the Pilot Building having steak dinner with

the college coaches, one of his associates brought free beer to the barbeque which created quite a crowd. We also had a picnic on Wednesday night with a church providing the food as a fund raiser. Delicious fried chicken and fresh vegetables were served along with home made desserts. When the Clinic sessions started, most of them had quite good attendance. When we had Bobby Knight and Lou Holtz speak, the auditorium had almost 3,000 people at those sessions.

There were always coaches talking with one another throughout the building; there was probably as much learned in the halls with coaches sharing ideas as in the sessions. The summer time in those years was a restricted period and so most of the folks coming

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From the Games Desk

by Phil Weaver

THE MAJORITY OF us in the office have been retired for some time, so David Rogers and Reid Holmes are the only ones who are actively teaching and coaching. Therefore, we felt the need to get some more input from other active coaches. We especially wanted to hear how younger coaches feel about the NCCA since our Board of Directors is composed of veterans. Surveys seldom return very useful results, so we asked each Board of Director's member to select a coach based on criteria we specifically requested. These coaches were then asked to respond to a list of meaningful questions about our association. We had twelve coaches commit and attend the first NCCA Summit in mid-April. Four of our staff people joined them for a very versatile, diverse, and workable sized group.

The list of the questions is published elsewhere in this newsletter for your reference for the ones I don't address in this column. We were really pleased with the enthusiasm of the attendees and felt like we received

a lot of valuable input. The meeting was so worthwhile that we plan to repeat it every few years.

The group was in agreement that the NC Coach newsletter needs to be put online. Personally, I really like to have a paper in my hands, but the savings from the costs of printing and mailing alone would have balanced our financial books the past two years. So, beginning in the fall, the newsletter will be found at www.nccoach.org. We will tweet and email notice of its posting when it's up. An ancillary issue of making better use of social media and email to alert coaches arose and we are addressing it. Tim Via and Joe Franks do our tweeting and they are compiling a list of proposed tweets and their approximate dates of release. This list is also found in this publication.

The NCCA Directory is used but needs to include email addresses instead of or in addition to a person's physical address was the group's conclusion. It was also agreed that the Directory needs to be online and our staff is working with a data software

company to design a workable solution which could include online registration someday. We aren't sure when we can be confident of going online safely. The most important factor in going online is the security of your data and we are concerned that this be done perfectly, it that's possible. We know the use of a password will be required but we still have studying to do.

The increased use of the web also requires a modernized website for www.nccoach.org. This website will be mainly for NCCA members and Tim Via, our webmaster, has finished a total revamping and the new site should be online when you read this. Tim previewed it at our meeting and the group received it well. We should be letting you know by mail this fall when we password protect the nomination and directory links.

I was pleased that the all-star games received high marks and the group was pleased to be assured that each nominee, regardless of classification or region was given consideration. A really useful suggestion coming from the Sum-

mit relates to how we communicate with players, parents, and coaches. We have already begun utilizing the "Remind" system that many of you are already familiar with to replace our 600 mailings we did in the past. As we get a higher percentage of people to register with Remind, we think we'll have found the best solution for our communications. So far, a supplemental email to those not on Remind seems to be working well.

Thoughts about the clinic included requests for more sessions that weren't about x's and o's and utilizing more high school coaches as speakers. The former has been tried on several occasions with a noticeable lack of attendance and the latter has been and is being done more frequently. We also discussed why any coach would not make it a priority to attend and the most disturbing answer was that fewer schools are considering the clinic as a coaching staff outing/event. I know that many older coaches have seen it as their duty

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“Games” *continued from page 1*

to indoctrinate new coaches into the values of attending the clinic and games.

My first column online will focus on the other issues raised at the Summit that concern coaches but not the NCCA directly. Lastly, I'd like to thank again those coaches who put the time and effort into making the Summit a rousing success. I believe the participants would echo those sentiments from what we've heard from them.

“Clinic” *continued from page 1*

to the Clinic were seeing each other for the first time. In those days, there were no 7 on 7's or even preseason lifting at very many schools. The Clinic was the last social event before the season started and people looked forward to seeing old friends again and spending time together.

I know this all sounds like “old folk tales” to you. Things have changed dramatically and my being old means I don't have to like them. For instance, in the first 15 years of my Clinic work, I don't remember seeing a single child brought to the Clinic. Now in spite of being asked not to bring them, parents are bringing young children and then get angry when they can't take them into Registration or to the trade show.

I hope you have a great week July 15-18. I hope you come away with some thoughts that will help you coach and some fond memories as well.



@ N.C. Coaches Assn.



The important role coaches can have in “starting the conversation” with their athletes about alcohol use

The North Carolina Alcoholic Beverage Control Commission has been charged by Governors McCrory and Cooper with directly addressing the issue of underage drinking in our state. The ABC Commission established the Initiative to Reduce Underage Drinking to develop awareness and engagement efforts that encourage conversations about healthy behaviors among parents and their children.

One of the ways we do that is through our Talk It Out campaign where we encourage parents, grandparents, teachers, coaches, faith leaders, doctors and other responsible adults to have critically important conversations with young people about how early use of alcohol can impair an adolescent's mental, physical and emotional development. Our staff partners with many statewide organizations to develop pro-

grams that reach youth. We also utilize eight part-time Ambassadors (all with significant experience with substance use prevention) to assist our partners, do local media appearances and speak at schools and conferences. We have the will and resources to help YOU!

As coaches in middle and high schools across our state you have a unique opportunity to reach the young people you mentor and coach. They are at a very impressionable age and they look up to you and listen to you. You have a big responsibility but also a great opportunity to help students reach their full potential.

In addition to the long-term effects of early alcohol use on the teenage brain, research informs us that alcohol use, even the day before a game, also has a significant impact on performance.

As a coach you want every member of your team to perform at their highest level. We want to help you do that. We have a Coach-Athlete Pledge Program and other material specifically designed to assist coaches in helping athletes achieve maximum performance on and off the field/court.

We look forward to being with you at the upcoming North Carolina Coaches Clinic in Greensboro and hope you will stop by our booth to talk with us about how we can work together to help stop underage drinking.

For more information on our program please go to www.talkitoutnc.org or contact
Jim Van Hecke
Deputy Director-Education Outreach,
NC ABC Commission at
919-971-7564.

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JOE'S CORNER

by Joe Franks

As an FYI, and I know Mac and Phil will hit this as well, this is the last printed NC Coach newsletter. We are going online (like most newsletters have) and it will be available on our newly redesigned website at www.nccoach.org.

Clinic Week will be here before you know it, so here are some reminders to make things run more smoothly:

1) For those of you who are taking Athletic Injury Management, the classes this year are on Wednesday and Thursday ONLY. The Coliseum has scheduled a concert on Tuesday night (like they did in 2017) and the sessions had to be adjusted.

2) We all know that Monday is the most crowded day, so understand that there will be lines – both new registration and pre-registration – not to mention pictures. The picture lines are much shorter later on Monday afternoon and mid-morning Tuesday and Wednesday.

3) Make sure you have your ID with you – not in the car or at the hotel.

4) Remember that we take cash or check – no credit cards. There is an ATM in the Coliseum lobby to get cash from your card.

A major change for this year is that we will not be having the meals on Monday or Wednesday evenings. We have consistently lost money on each of these for years and have made the decision to end them. In fact, as we were debating whether or not to stop the meals, Coach Morris brought this up in his column and asked for feedback – of which, there was none. That pretty much “sealed the deal” for that decision. Folks are going to ask why, and the simple reason is to cut expenses. If we want to continue to put on the best Clinic possible, we need to run a tight ship when it comes to expenses and overhead.

As we try to improve ways to connect with Members and Associates, we are trying to “up our game” with Twitter notifications. I know some may prefer Instagram, etc., but we are finding Twitter very useful and our numbers increase each month. If you are on Twitter, give us a follow - **@NCCoachesAssn**

As always, thanks for all you do for our young people. Let's continue to make the title “Coach” one that is respected and admired. See you at the Clinic.

Member coaches: Consider these questions from the NCCA Summit

1. These (a list was attached) are things we now do for members: What else can we do for our members that we aren't doing now?
2. Is the NCCA Directory worth printing at an approximate cost of \$10,000? We are thinking of putting it online. If we do, what information should be in it and do we need to password-protect it?
3. How can we better alert Members and Associates of the East-West nomination process?
4. What can be done to improve the websites nccoach.org and eastwestallstars.com? (We have since redesigned nccoach.org)
5. How can we best communicate with chosen all-stars and their parents?
6. Are there any Clinic sessions other than the X and O ones we now feature that you'd like us to consider?
7. Why do any coaches *not* attend the Clinic?

8. Do our all-star teams appear to be selected fairly?
9. Evaluate the game program/yearbook as an annual expense of under \$3,000.
10. If you've had an all-star player, what can we do to make his/her experience better or your tasks easier?
11. Does the NC Coach newsletter need to be online only?
12. What can we do to make the newsletter more appealing?
13. Do you read Phil's, Mac's and Joe's columns? If not, why not?
14. What are your main issues with school administrators?
15. What are your main issues with parents – other than playing time?
16. Do you feel you understand NCHSAA rules? If not, can we help?

“OLD-TIMERS” LUNCHEON

The NCCA will again host our **RETIRED** members for lunch on **Tuesday, July 16 • 12:30 pm**
Meeting Room #4

Please RSVP to Mac Morris
by Friday, 7/12 at
mmorris@nccoach.org
See you there!

In Memoriam

Bob Boswell
A.L. Brown High School

Curtis Pass
Reidsville High School



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EAST FOOTBALL

NAME	HIGH SCHOOL	COACH
Isaac Anderson	SW Onslow	Charlie Dempsey
Payton Baum	Holly Springs	Robert Furth
Xzavior Bowden	Goldsboro	Tim Ray
Dante Bowlding	Terry Sanford	Bruce McClelland
Zakeem Brooks	Holmes	Paul Hoggard
Keon Caudle	Tarboro	Jeff Craddock
Milton Chandler	Jacksonville	Beau Williams
Kentreaz Coston	Holmes	Paul Hoggard
Kobe Crump	Lee County	Steve Burdeau
Jaivah Cruse	Clinton	Cory Johnson
Kyler Davis	Seventy-First	Duran McLaurin
Isaiah Dickens	Wake Forest	Reggie Lucas
Isaiah Dunn	Knightdale	Anthony Timmons
Phillip Foster	Northern Durham	John Hammet
Devon Grant	Wake Forest	Reggie Lucas
Steve Green	Franklinton	Jimmy Williams
Colin Guentensberger	Orange	Van Smith
Declan Hall	S. Brunswick	"Rocky" Lewis
Tayvian Hall	East Duplin	Jack Holley
Aaron Harris	Northeastern	Antonio Moore
Kendall Harris	Franklinton	Jimmie Williams
Promise Harris	Fuquay Varina	Jeb Hall
Luca Hurst	Holly Springs	Robert Furth
Antonio Isaac	Richmond Sr.	Bryan Till
Connor Keele	Clayton	Hunter Jenks
Uriah Lawrence	Washington	Jon Blank
Matthew Leavelle	Matthew	Asim McGill
Scott Looney	Hoggard	Craig Underwood
Steven McKinney	Lee County	Steve Burdeau
CJ Pipkin	Hoggard	Craig Underwood
Tyshoun Thomas	Scotland	Richard Bailey
Melik Ward	Tarboro	Jeff Craddock
Davontae Wiggins	Northern Nash	Andrew Farriss
Josh Williams	Havelock	Anthony Wray
Lamont Williams	Southern Nash	Brian Foster
Jason Wilson	Havelock	Anthony Wray

Head Coach

Sport Sawyer - Manteo

Assistant Coaches

Andy Downing - Holmes

Duran McLaurin - 71st

Ken Neal - Southern Lee

Van Smith - Orange

Craig Underwood - Hoggard

2019 East-West

EAST WOMEN'S BASKETBALL

NAME	HIGH SCHOOL	COACH
Tamia Davis	SE Raleigh Magnet	Nicole Meyers
Maya Johnson	SE Raleigh Magnet	Nicole Meyers
Jainaya Jones	Pamlico County	April Rose
Nya Mitchels	Jacksonville	Monique Gidrey
Kendal Moore	Pine Forest	David May
Kate Perko	Sanford	Karl Molnar
Ninevah Reddick	South Central	Robert Duck II
Alexandria Scruggs	E. E. Smith	Latanya Hardy
Brittany Staves	Leesville Road	Donald Proehl

Replacement to be named

Head Coach: David May - Pine Forest

Assistant Coach: Mark Lane - East Duplin

EAST MEN'S BASKETBALL

NAME	HIGH SCHOOL	COACH
Phillip Burwell	Millbrook	Christopher Davis
Anthony Council	Smithfield-Selma	Matthew Cuddington
Imajae Dodd	Greene Central	Blue Edwards
Jace Mckenney	South Brunswick	Scott Wainwright
Brion McLaurin	Seventy-First	David Simmons
Shykeim Phillips	South Central	Chris Cherry
Trae Smith	Wakefield	Garrett Stevens
DJ Thomas	Broughton	Jeff Ferrell
Dharyus Thomas	SW Onslow	Eric Klierer

Replacement to be named

Head Coach: Robbie Kennedy - Southern Nash

Assistant Coach: Earl Sadler - Pamlico

East-West All-Star Basketball Games

Monday, July 15th, 2019

Greensboro Coliseum Arena

Women's @ 6:30 pm, Men's @ 8:30

East-West All-Star

Wednesday,

Jamieson Stadium

8:00 pm, Fireworks

EAST WOMEN'S SOCCER

NAME	HIGH SCHOOL	COACH
Jade Bouedo	Cary	Laura Kerrigan
Hayley Boyles	Heritage	Scott Sloan
Mikayla Brenman	Chapel Hill	Jason Curtis
Courtney Dwertman	E.A Laney	Jamie Noble
Tori Gagliardi	Fuquay Varina	Nick Acosta
Amaya Gill	Fuquay-Varina	Nick Acosta
Mackenzie Gower	Leesville Road	Paul Dinkenor
Alex Kerr	Chapel Hill	Jason Curtis
Lindy Morgan	Corinth Holders	Alison Vetterl
Madison Myott	Holly Springs	Brian Miller
Parker Ormsby	Laney	Jamie Noble
Malina Pardo	Leesville Road	Paul Dinkenor
Kiana Rivera	Green Hope	Stacy Lamb
Sydney Romeo	Holly Springs	Brian Miller
Gracie Stoltz	Green Hope	Stacy Lamb
Kasey Wilkins	Clayton	Joseph Mott

Head Coach: Allison Vetterl - Corinth Holders

EAST MEN'S SOCCER

NAME	HIGH SCHOOL	COACH
Geovanni Abril	Rosewood	Edward Maldonado
Dennis Andino	Clayton	John Asmussen
Dylan Berk	Heritage	Scott Sloan
James Boegel Jr	Leesville Road	Paul Dinkenor
Rush Campbell	Southern Lee	Vincent Frye
Dylan Enseling	Green Hope	David Corsbie
Reed Franck	New Hanover	Theodore Rennie
Collin Hinnant	Dixon	Kevin Hart
Hunter Lee	Cleveland	Michael Pritchard
Tom Morioka	Chapel Hill	Jason Curtis
Benjamin Noga	Leesville Road	Paul Dinkenor
Luka Noronha	Woods Charter	Graeme Stewart
Parker Norris	Clinton	Brad Spell
Patrick O'Neill	Green Hope	David Corsbie
Marcos Reyes	East Duplin	Joey Jones
Cameron Thayer	Hoggard	Dwight Findaly

Head Coach: Eddie Maldonado - Rosewood

All-Star Rosters

WEST WOMEN’S BASKETBALL

NAME	HIGH SCHOOL	COACH
Hannah Clark	Kings Mountain	Nick Inman
Janiya Downs	South Rowan	Stacy Ellis
Shariah Gaddy	South Mecklenburg	Cristie Mitchell
McKenzie Gadson	Jesse Carson	Brooke Stouder
Destiny Griffith	West Forsyth	Brittany Cox
Jada Logan	R-S Central	Darius Fuller
Shaunae Sawyers	Mt Airy	Angela Mayfield
Callie Scheier	West Forsyth	Brittany Cox
Lyrik Thorne	Ledford	Christopher Doby
Bryanna Troutman	Salisbury	Lakai Brice

Head Coach: Shane Slate - North Surry
Assistant Coach: Brooke Stouder - Jesse Carson

WEST MEN’S BASKETBALL

NAME	HIGH SCHOOL	COACH
Fletcher Abee	Freedom	Casey Rogers
Ben Beeker	Hendersonville	Marvin Featherstone
Bryson Childress	North Stanly	Paul Childress
Dhieu Deing	High Point Central	Joel Battle
Sidney Dollar	East Lincoln	Jon Hancock
Themus Fulks	North Davidson	Brandon Mullis
Keyshaun Langley	SW Guilford	Guy Shavers
Zeke Littlejohn	Kings Mountain	Grayson Pierce
Gavin Rains	Wheatmore	Tim Kelly
Jay’den Turner	SW Guilford	Guy Shavers

Head Coach: Mike Muse - East Forsyth
Assistant Coach: Scott Harrill - Cherryville

All-Star Football Game
July 17th, 2019
Stadium, Grimsley HS
Kickoff @ halftime

East-West All-Star Soccer Games
Tuesday, July 16th, 2019
Macpherson Stadium, Bryan Park
Women’s @ 6:30 pm, Men’s @ 8:30 pm

WEST FOOTBALL

NAME	HIGH SCHOOL	COACH
Josh Baker	Hibriten	Clay Lewis
Aristotle Bowles	Olympic	Jason Fowler
Jeremiah Brown	Kings Mountain	Greg Lloyd
KeAndre Buyna	Reagan	Josh McGee
Adam Callahan	SW Randolph	Seth Baxter
Joe Camara	NW Cabarrus	Brandon Gentry
Kolby Cuthrell	SW Guilford	Chuck Doak
Fabian Duncan	North Mecklenburg	Eric Morman
Ethan Evans	North Surry	Danny Lyons
Cameron Gill	Salisbury	Brian Hinson
Alex Gowda	Eastern Guilford	Joseph Glass
Jackson Greene	Watauga	Ryan Habich
Isaiah Hall	Sun Valley	Tad Baucom
Josh Hayward	Eastern Guilford	Joe Glass
Braxton Henderson	Eastern Guilford	Joe Glass
Maddox Johnson	North Davidson	Brian Flynn
Marqwone Jones	Hibriten	Clay Lewis
Alex Kale	Crest	Nicholas Eddins
Devante Lambert	Ragsdale	Johnny Boykin
Brandon Lewis	North Mecklenburg	Eric Morman
Deavan Lowery	Hunter Huss	Jamar McKoy
Xzavian McIntyre	Ragsdale	Johnny Boykin
Keith Mosely	Asheville	David Burdette
Breylan Owens	Brevard	Craig Pritchett
Josh Robinson	Eastern Alamance	John Kirby
Jalen Shelf	East Forsyth	Todd Willert
Trey Shepherd	Monroe	Johnny Sowell
Hakim Simmons	Central Cabarrus	Kenneth McClamrock
JahTwan Stafford	Monroe	Johnny Sowell
Blake Stephens	North Davidson	Brian Flynn
Simeon Thompson	Erwin	Rodney Pruett
Kaylon Wade	Kings Mountain	Greg Lloyd
Devonte Washington	Reagan	Josh McGee
Kenneth Washington	Shelby	Michael Wilbanks
Larry Williams	Southern Alamance	Fritz Hessenthaler
Tevin Yellock	Southern Alamance	Robert Pope

Head Coach
Johnny Sowell - Monroe
Assistant Coaches
Johnny Boykin - Ragsdale
Joe Glass - Eastern Guilford
Luke Hyatt - Piedmont
Mike Wilbanks - Shelby
Scott Wood - Elkin

WEST WOMEN’S SOCCER

NAME	HIGH SCHOOL	COACH
Reese Alley	Polk County	Charles Lennox
Riley Dorman	West Forsyth	Scott Bilton
Logan Farrelly	NW Guilford	Terrence Murphy
Laura Harris	Grimsley	Mark Johnston
Lauren Hayes	Hickory	Brian Jillings
Kylie Joyce	Grimsley	Mark Johnston
Jenna Land	East Lincoln	Jason Dragoon
Jess LaFrancis	Hickory	Brian Jillings
Olivia Lenderman	Asheville	Mike Flowe
Laura Milligan	Mount Tabor	Jay Benfield
Audra Morgan	East Henderson	Aaron Chappell
Tatum Neff	Page	Tim Nash
Julia Patrum	Concord	Taylor Strode
Riley Terry	West Forsyth	Scott Bilton
Abby Walker	Fred T. Foard	Stan Elliott
Grace Wielechowski	Charlotte Catholic	Gary Hoilett

Head Coach: Jason Dragoon - East Lincoln

WEST MEN’S SOCCER

NAME	HIGH SCHOOL	COACH
Jair Alvarez	Ledford	John Blake
Miguel Alvarez	Hickory	Brian Jillings
Rami Bikdash	South Mecklenburg	Eric White
Nicholas Carter	Salisbury	Matt Parrish
Ryan Cowie	Central Davidson	Chad Hench
Dilan Esperilla	West Forsyth	Jeffrey Williams
Will Feehan	Asheville	Mike Flowe
Buddy Ferguson	Lake Norman Charter	Todd Boggess
Jordan Fiorani	Independence	Tyler Gibson
Adam Fox	AC Reynolds	Patrick Gladys
Joshua Fuhrman	Northwest Guilford	Jason Allred
Ross Garrison	Forbush	Seth Davis
Walter Gomez	Charlotte Catholic	Oscar Del Pino
Henry Jones	Newton Conover	Angelo Palozzi
David Neil	Ardrey Kell	Jeff Smith
Billy Sunthang	Hough	David Smith

Head Coach: Jason Allred - Northwest Guilford

Used East-West practice and game gear silent auction

The following twelve sets of basketball gear will be sold only in lots as they are listed below. **The lots will be sold in a silent auction format via email from NOW until noon on Wednesday, July 17.** The starting bid for each set is \$75.00 and bids increase in \$25 increments. The winning bidders will be asked to pick up the gear at the NCCA office building as soon as possible after the close of the Clinic. Submit bids at pweaver@nccoach.org, specifying LOT(s), name, and school.

EAST = White or Silver WEST = Red or Gold

LOT A WOMEN’S BASKETBALL PRACTICE GEAR

East jerseys: 3 L
West jerseys: 1 L, 3 XL, 1 XXL
Black shorts: 3 L, 1 XL

LOT B WOMEN’S BASKETBALL GAME GEAR - EAST WHITE

East jerseys: 4 M, 4 L, 4 XL, 2 XXL, 1 XXXL
East shorts: 1 S, 5 M, 5 L, 4 XL, 2 XXL, 1 XXXL

LOT C WOMEN’S BASKETBALL GAME GEAR - EAST SILVER

East jerseys: 4 M, 3 L, 4 XL, 2 XXL, 1 XXXL
East shorts: 3 M, 10 L, 4 XL, 1 XXL, 1 XXXL

LOT D WOMEN’S BASKETBALL GAME GEAR - WEST RED

West jerseys: 4M, 4 L, 4 XL, 2 XXL, 1 XXXL
West shorts: 1 S, 5 M, 5 L, 4 XL, 2 XXL, 1 XXXL

LOT E WOMEN’S BASKETBALL GAME GEAR - WEST GOLD

West jerseys: 1M, 6 L, 3 XL, 2 XXL, 1 XXXL
West shorts: 1 M, 6 L, 3 XL, 5 XXL, 2 XXXL

LOT F MEN’S BASKETBALL PRACTICE GEAR - EAST

East jerseys: 5 M, 9 L, 5 XL, 5 XXL, 2 XXXL
East shorts: 2 XL, 2 XXL, 2 XXXL

LOT G MEN’S BASKETBALL PRACTICE GEAR - WEST

West jerseys: 3 M, 1 L, 8 XL, 7 XXL, 2 XXXL
West shorts: 1 L, 2 XL, 1 XXL, 2 XXXL

LOT H MEN’S BASKETBALL PRACTICE GEAR - BLACK

Black jerseys: 9 L, 14 XL, 6 XXL, 4 XXXL
Black shorts: 6 XL, 2 XXXL

LOT J MEN’S BASKETBALL GAME GEAR - EAST WHITE

East jerseys: 1 M, 4 L, 3 XL, 5 XXL, 2 XXXL
East shorts: 1 M, 4 L, 3 XL, 5 XXL, 2 XXXL

LOT K MEN’S BASKETBALL GAME GEAR - EAST SILVER

East jerseys: 1 M, 5 L, 3 XL, 5 XXL, 2 XXXL
East shorts: 1 M, 1 L, 3 XL, 4 XXL, 2 XXXL

LOT L MEN’S BASKETBALL GAME GEAR - WEST RED

West jerseys: 1 M, 3 L, 3 XL, 5 XXL, 2 XXXL
West shorts: 1 M, 4 L, 3 XL, 5 XXL, 2 XXXL

LOT M MEN’S BASKETBALL GAME GEAR - WEST GOLD

West jerseys: 2 M, 5 L, 3 XL, 5 XXL, 2 XXXL
West shorts: 1 M, 6 L, 2 XL, 5 XXL, 2 XXXL



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Coaching Clinic Schedule

MONDAY, JULY 15

CLINIC REGISTRATION IS OPEN
8 AM -12 NOON and 2-3:30 PM
All-Star Basketball Games, 6:30 & 8:30
@ Greensboro Coliseum Arena

BASKETBALL - The Fieldhouse
Mike Young - Virginia Tech
Kevin Giltner - Virginia Tech
Joe Dooley - East Carolina
Mark Dreibelbis - NCHSAA
8:00-9:45 -- Registration
9:50-10:40 -- Half Court Offense, *Young*
10:45-11:35 -- Special Situations, *Giltner*
11:40-12:30 -- Zone Offense, *Young*
12:30-2:00 -- LUNCH
2:00-2:55 -- Practice Drills, *Dooley*
2:55-3:45 -- High-Low Offense, *Dooley*
3:50-4:40 -- Rules Interpretation, *Dreibelbis*
4:45-5:10 -- Basketball Coaches Meeting

WOMEN’S BASKETBALL
Meeting Room #1
Amanda Butler - Clemson
Simon Harris - NC State
9:50-10:40 -- Clemson Culture...What is
TLC?, *Butler*
10:45-11:35 -- Defense Might Not Always
Win Championships, *Butler*
11:40-12:30 -- Innovative Thinking/Inside
Clemson Basketball, *Butler*
12:30-1:45 -- LUNCH
1:45-2:35 -- Transition Offense, *Harris*
2:40-3:30 -- Skill Instruction, *Harris*

WRESTLING - West Wing B-2
Mark Cody - Presbyterian
Mark Dreibelbis - NCHSAA
9:50-10:40 -- Defense to Shots, *Cody*
10:45-11:35 -- Defense to Shots II, *Cody*
11:40-12:30 -- Peaking a Team at the Right
Time, *Cody*
12:30-2:00 -- LUNCH
2:00-2:50 -- Rules Interpretation, *Dreibelbis*
2:55-3:45 -- Takedowns/Stopping the First
Move, *Cody*
3:50-4:40 -- Philosophy Discussion, *Cody*
4:45-5:45 -- Wrestling Coaches Meeting

JUNIOR HIGH/MIDDLE SCHOOL
Meeting Room #3
Jim Bazluki - Atrium Health
Richard Hatley - Ret. Middle School AD
Deanna Morris - CMAA
Burt Jenkins - NCDPI
Bobby Hill - AD, Orange Co. Schools
9:30-10:20 -- Best Practice for MS
Coaches, *Bazluki*
10:25-11:05 -- Thinking Outside the Box, *Hill*
11:10-12:00 -- Coach/AD/Administration
Triangle, *Hatley*
12:00-2:00 -- Lunch
2:30-3:10 -- Sportsmanship! Get on the
Same Page, *Morris*
3:15-3:55 -- Middle School Handbook
Update, *Jenkins*
4:00-4:45 -- Middle School AD’s Meeting

TUESDAY, JULY 16

CLINIC REGISTRATION IS OPEN
8 AM -12 NOON and 2-3:30 PM

- NCCA Business Meeting, 3:45 PM •

All-Star Soccer Games, 6:30 & 8:30
@ Macpherson Stadium, Bryan Park

BASEBALL - The Fieldhouse
Kermit Smith - Appalachian State
Billy Godwin - NY Yankees
Mark Dreibelbis—NCHSAA
8:55-9:45 -- Batting Practice with Purpose,
Godwin
9:50-10:40 -- Swing Angle vs. Launch
Angle in Hitting, *Godwin*
10:45-11:35 -- Pitching/Foundations of a
Good Delivery, *Godwin*
11:40-12:30 -- Rules Interpretation, *Dreibelbis*
12:30-2:00 -- LUNCH
2:00-2:50 -- Leading in Transition, *Smith*
2:55-3:45 -- Outfield Play, *Smith*
3:50-4:40 -- Baseball Coaches Meeting

SOCCER - Meeting Room #1
Zach Haines - High Point University
Mark Dreibelbis--NCHSAA
8:55-9:45 -- Building and Sustaining a
Program Culture, *Haines*
9:50-10:40 -- Building a Team Identity/
Way of Playing, *Haines*
10:45-11:35 -- Systems of Play, *Haines*
11:40-12:30 -- Planning a Season Via
Periodization, *Haines*
12:30-2:00 -- LUNCH
2:00-2:50 -- Rules Interpretation - Hall A,
Dreibelbis
2:55-3:45 -- Soccer Coaches Meeting

TRACK - West Wing B-2
Damion McLean - Appalachian State
Duane Ross - NC A&T
Que Tucker - NCHSAA
8:55-9:45 -- Long Jump Technique/
Training, *McLean*
9:50-10:40 -- Triple Jump Technique/
Training, *McLean*
10:45-11:35 -- Developing Women Triple
Jumpers, *McLean*
11:40-12:30 -- Building the 100m Sprinter,
Ross
12:30-2:00 -- LUNCH
2:00-2:50 -- Techniques and Mechanics of
100m/110m Hurdles, *Ross*
2:55-3:45 -- Workout Design and Imple-
mentation, *Ross*
3:50-4:40 -- Rules Interpretation, *Tucker*
4:40-5:30 -- Track Coaches Meeting

GOLF - Meeting Room #3
Chris Haarlow - Precision Golf
Dona Lerner - Lerner Golf Academy
Carolinas Golf Association
Brad Alford - NCHSAA
8:55-9:45 -- Rules of Golf, *CGA*
9:50-10:40 -- Rules of Golf II, *CGA & Alford*
10:45-11:35 -- Building a Team/Now and
Future, *Lerner*
11:40-12:30 -- Develop New Players/Polish
Veterans, *Lerner*
12:30-2:00 -- LUNCH

2:00-2:50 -- Positive Coaching/Team
Building, *Lerner*
2:50-3:45 -- Golf Coaches Meeting

WEDNESDAY, JULY 17

CLINIC REGISTRATION IS OPEN
8 AM -12 NOON and 2-3:30 PM
FCA Luncheon 12:30-2 PM
@ Special Events Center
All-Star Football Game, 8 PM
@ Jamieson Stadium, Grimsley HS

FOOTBALL - The Fieldhouse
Jim Collins - Orlando Apollos
Dave Gutshall - Dorman HS
Cleive Adams - Averett University
Jimmy Teague - Reidsville HS
Bob Sanders - Orlando Apollos
8:55-9:45 -- Communication/Installing
Your Plan, *Collins*
9:50-10:40 -- Nickle Coverages/Run Fits vs.
1 and 2 Back Sets, *Collins*
10:45-11:35 -- Fit Your Offense to Your
Players, *Gutshall*
11:40-12:30 -- Building Men the Averett
Way, *Adams*
12:30-2:00 -- LUNCH
2:00-2:50 -- Bringing Power to the
Offense, *Teague*
2:55-3:45 -- Building & Implementing a
Game Plan, *Sanders*
3:50-4:40 -- Pass Rush Fundamentals/All
Positions, *Sanders*
4:45-5:30 -- Football Coaches Meeting

SWIMMING - Meeting Room #1
John Long - Queens University
Brad Alford - Rules Interpretation
8:55-9:45 -- Dry Land for Swimmers, *Long*
9:50-10:40 -- Sprint Training, *Long*
10:45-11:35 -- Stroke Review/Videos and
Drills, *Long*
11:40-12:30 -- Team Culture, *Long*
12:30-2:00 -- LUNCH
2:00-2:50 -- Rules Interpretation, *Alford*
2:55-3:45 -- Swimming Coaches Meeting

VOLLEYBALL - West Wing B-2
Jill Wilson - Virginia Tech
Mark Dreibelbis - NCHSAA
8:55-9:45 -- Passing and Serve Receive,
Wilson
9:50-10:40 -- Blocking and Defense, *Wilson*
10:45-11:35 -- Setting, *Wilson*
11:40-12:30 -- Rules Interpretation, *Dreibelbis*
12:30-2:00 -- LUNCH
2:00-2:50 -- Practice Design, *Wilson*
2:55-3:45 -- Leadership and Pre-Game
Talks, *Wilson*
3:50 -- Volleyball Coaches Meeting

X-COUNTRY - Meeting Room #3
Andrea Grove-McDonough - UNC
8:55-9:45 -- How to Structure a Cross-
Country Season, *Grove-McD*
9:50-10:45 -- How to Help the Injury Prone
Runner, *Grove-McD*
10:50-11:40 -- Kill Your GPS and Be A
Better Runner, *Grove-McD*

11:45-12:35 -- What Does Your Champion-
ship Culture Look Like?, *Grove-McD*
12:35-1:30 -- Cross Country Coaches Meeting
2:00-5:00 -- National Federation Rules
Certification

SOFTBALL - The Plaza
Greg Riddoch - Higher Ground Softball
Billy Dooley - Mill Creek HS
Mark Dreibelbis - NCHSAA
8:55-9:45 -- Teaching Techniques, *Riddoch*
9:50-10:40 -- Seven Mental Stations for
Hitters, *Riddoch*
10:45-11:35 -- Team Drills, *Dooley*
11:40-12:30 -- Don’t Widen the Plate,
Riddoch
12:30-2:00 -- LUNCH
2:00-2:50 -- Building a Program, *Dooley*
2:55-3:45 -- Rules Interpretation, *Dreibelbis*
3:50-4:40 -- Softball Coaches Meeting

TENNIS - UNCG Tennis Courts
Jeff Trivette - UNCG Tennis
Robert Hogewood - NCTA
Gretchen Tuchshrer - UTR
Tra Waters - NCHSAA
9:00-9:15 -- Introduction at UNCG courts
9:15-10:45 -- On Court Demo and Information
10:45-10:50 -- Closing Discussion
10:50-11:30 -- New Coaches Discussion
11:30-12:45 -- LUNCH,
Ebberhardt Bldg. Room 250
12:45-1:00 -- Gather in Meeting Room
1:00-2:00 -- NCHSAA Rules/Q&A, *Waters*
2:00-3:00 -- Universal Tennis Rating,
Tuchschrer
3:15-3:45 -- NC Tennis Coaches Assoc.,
Hogewood
3:45 -- Closing Remarks and Instructions

THURSDAY, JULY 18
REGISTRATION OPEN 8-10 AM ONLY

FOOTBALL - The Fieldhouse
Pete Fredenburg - Mary Hardin-Baylor
Mark Dreibelbis--NCHSAA
8:55-9:45 -- Creating the Culture of
Success, *Fredenburg*
9:50-10:40 -- Defensive Scheme vs. Spread
Offense, *Fredenburg*
10:45-11:35 -- Defensive Line Play in Our
Defense, *Fredenburg*
11:40-12:30 -- Rules Interpretation,
Dreibelbis





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**see you
there!**



Coaching Clinic

**Greensboro
July 15 - July 18**

East-West All-Star Games

BASKETBALL - Monday, July 15th

SOCCER - Tuesday, July 16th

FOOTBALL - Wednesday, July 17th